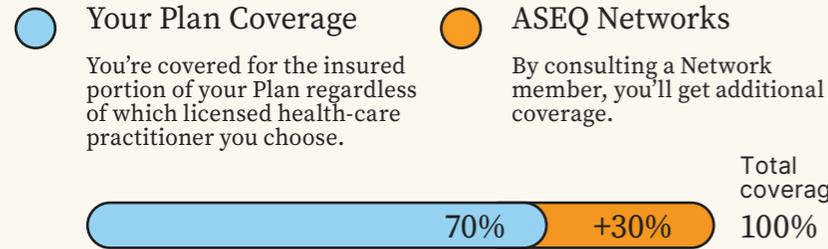


Exclusive Savings from ASEQ Network Partners*

Example of a claim made using an ASEQ Dental Network practitioner:



You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.

By consulting a Network member, you'll get additional coverage.

Save More with Network Members**

greiche & scaff

\$150 off eyeglasses | 10% off contact lenses

ASEQ Montreal Vision Network

\$80 eye exams | \$75 off prescription eyeglasses (frames and lenses)

LASIK MD
VISION

\$550 off on custom LASIK

Free, no-obligation consultation
Lowest price guarantee

PSYMONTRÉAL

\$30 discount on a regular 50-minute adult therapy or coaching session

and more!
Dentists, physiotherapists, chiropractors, and gender-affirming care practitioners

* ASEQ and the insurers do not endorse or assume any responsibility with respect to the use of their services.

** Certain conditions apply.

An Essential Service for Students

If you're a student at the National Theatre School of Canada, you have access to one of the most important services on campus: the NTS Health & Dental Plan. It covers many benefits not provided by provincial health-care programs, like vision care, dental care, and travel care abroad. Visit www.aseq.ca for more details on eligibility.

We invite you to verify if you're already covered by another plan (through an employer, parent, or spouse). If so, the student Plan can still be of interest to you, as you can be reimbursed the remaining eligible fees (partially or fully) through your secondary plan.



Desjardins Insurance
PO Box 3950
Levis, Quebec G6V 8C6
1-866-647-5013
Health, vision, and dental benefits are insured by Desjardins Insurance.
Group Number: Q1600
Desjardins Insurance refers to Desjardins Financial Security Life Assurance Company.



GreenShield
8677 Anchor Drive
PO Box 1606
Windsor, ON N9A 6W1
1-888-525-7587
Gender Affirmation Care medical coverage is insured by GreenShield.
Group Number: GAE



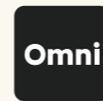
Securian Canada
1400-25 Sheppard Avenue West
Toronto, Ontario M2N 6S6
1-888-852-2419 or
1-514-904-4730 for claims
Group Number (travel): 97180

Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Trip Cancellation and Trip Interruption/Trip Delay benefits are underwritten by Canadian Premier General Insurance Company. All other benefits are underwritten by Canadian Premier Life Insurance Company. For more information visit www.securiancanada.ca or call 1-844-894-0378.

To determine if these products are right for you, for more details, or to contact a licensed insurance representative, visit www.aseq.ca. Please note that Conversation, AlloDoc!, The Essentials, and the legal component of Gender Affirmation Care are not insurance products.

Submit Claims Quickly and Easily

Register on the **Omni™** mobile app or Desjardins Insurance's online portal. Access your Pay-Direct Card, which lets you get claims processed immediately, and submit eligible types of claims online.



Download the app

Omni™ and the Omni logo are trademarks of Desjardins Financial Security Life Assurance Company, used under licence by ASEQ.

NOTE: This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit www.aseq.ca to learn about all the applicable conditions and exclusions.



OUR ENVIRONMENTAL COMMITMENT ON PAPER

This paper which contains Sustana's 100% sustainable recycled fiber is processed chlorine free. It is designated Ancient Forest Friendly™ and FSC® certified. Bringing paper products full circle with sustainable innovation.

NTS. ENBRO109-25

ASEQ is becoming

ALUMO



2025–2026

NTS Health & Dental Plan

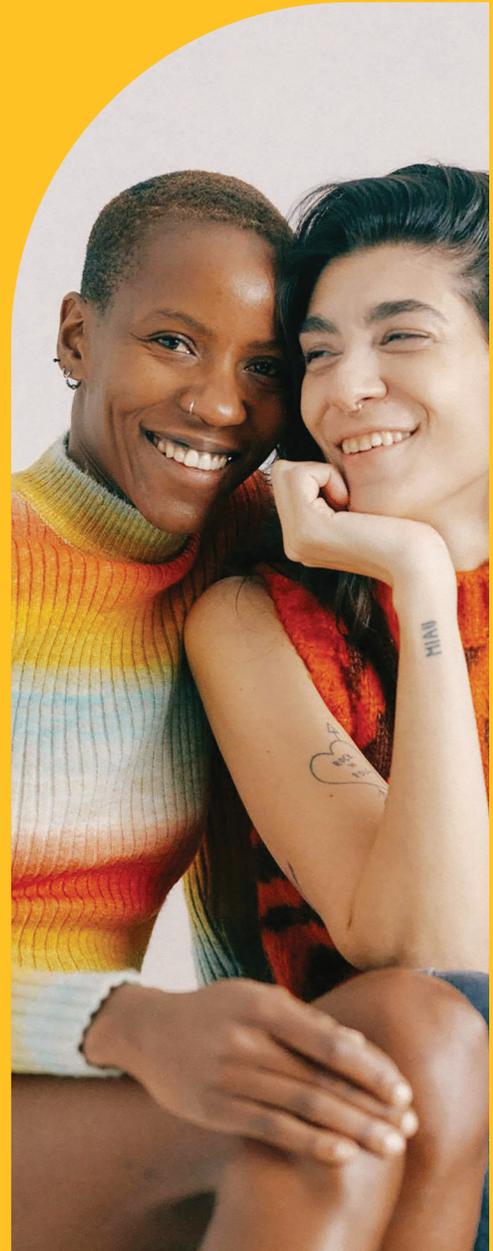
Insuring today.
Ensuring tomorrow.

Group Numbers

Health, vision, and dental:
Q1600 (Desjardins Insurance)

Travel:
97180 (Securian Canada)

Gender Affirmation Care:
GAE (GreenShield)



For complete details on coverage, eligibility, and group/policy numbers, visit www.aseq.ca.

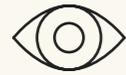
Health Plan

Health Up to \$10,000



- Contraceptive methods
- Antidepressants
- Vaccinations
- Osteopaths
- Physiotherapists
- Chiropractors
- Ambulance
- and more!

Vision Over \$450



- Eye exam
- Eyeglasses and contact lenses
- Accident coverage for eyeglasses
- Laser eye surgery

Travel Plan

Care Abroad Up to \$5,000,000



120 days per trip, up to \$5,000,000 per lifetime, trip cancellation and trip interruption in the event of a medical emergency

Scan for a
summary of
benefits



Dental Plan

Dental Up to \$1,000

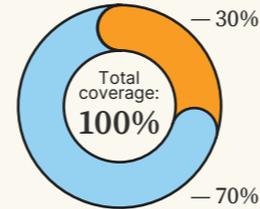


- Checkups
- Cleanings
- Fillings

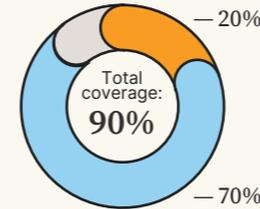
- Wisdom tooth extractions and more!

Preventive Services

- Recall exams
- Cleanings

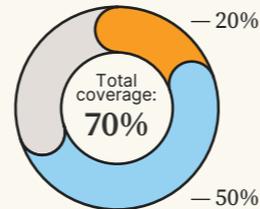


Extraction of Impacted Teeth



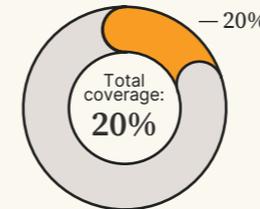
Basic Services

- Minor restorative (fillings)
- Oral surgery
- Endodontics (root canals)
- Periodontics (gum treatments)



Major Restorative

- Crowns
- Bridges



● Insured Portion ● ASEQ Dental Network Savings ○ Portion Not Covered

Price

Health & Dental Plan Combined Annual Fee* \$395.59



* This is an annual Plan. Students will therefore be covered for one year.

Change-of-Coverage & Opt-Out Period

September 1 –
October 5, 2025

The Plan is a **non-mandatory automatic** contribution.

All opt outs or coverage changes can be completed with the **NTS opt-out form**. You can request an annual or permanent opt out.

Enrol Loved Ones for Less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit www.aseq.ca for family enrolment fees and instructions.



Add one dependant for full-year coverage



Add unlimited dependants for full-year coverage

Plus: More Services Designed to Support Students

2SLGBTQIA+ Support



Gender Affirmation Care

Coverage for gender-affirming medical care and legal assistance for students on their gender affirmation journeys

Virtual Health Care



AlloDoc! Powered by Dialogue

Virtual health care that connects you with nurses and physicians from anywhere in Canada

Mental Health & Wellness



Conversation Powered by Dialogue

Fast access to mental health professionals with no out-of-pocket cost, offering consultations until remission

Legal Care Program



The Essentials

A consultation service for all your legal questions, and legal representation for disputes related to housing, employment, academic rights, and more

For eligibility details, see www.aseq.ca.