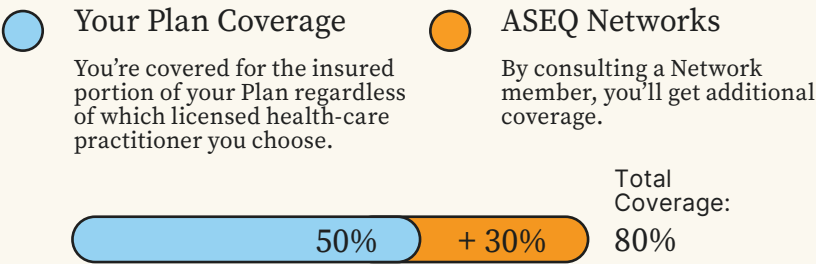


# Exclusive Savings from ASEQ Network Partners\*

Example of a claim made using an ASEQ Dental Network practitioner:



## Save More with Network Members\*\*

greiche & scaff

\$150 off  
eyeglasses

10% off  
contact lenses

ASEQ Montreal Vision Network

\$80  
eye exams

\$75 off  
prescription eyeglasses (frames and lenses)

LASIK MD  
VISION

\$550 off  
on custom LASIK

Free, no-obligation consultation

Lowest price guarantee

PSYMONTRÉAL

\$30 discount

on a regular 50-minute adult therapy or coaching session

and more!  
Dentists, physiotherapists, chiropractors, and gender-affirming care practitioners

\* ASEQ and the insurers do not endorse or assume any responsibility with respect to the use of their services.  
\*\* Certain conditions apply.

## An Essential Service for Students

If you're in a graduate program of study at Polytechnique Montréal (including the double degree program), you have access to one of the most important services on campus: the AÉCSP Student Health & Dental Plan. This supplementary Plan covers many benefits not provided by provincial health-care programs, like vision care, dental care, and travel care abroad.

If you're an international student, you have access to the health and dental portion of the Plan. This Plan complements the coverage for international students offered by Polytechnique Montréal or provincial health care (RAMQ). See [www.aseq.ca](http://www.aseq.ca) for more details on eligibility.

We invite you to verify if you're already covered by another plan (through an employer, parent, or spouse). If so, the student Plan can still be of interest to you, as you can be reimbursed the remaining eligible fees (partially or fully) through your secondary plan.

Desjardins Insurance

Life • Health • Retirement

Desjardins Insurance  
PO Box 3950  
Levis, Quebec G6V 8C6  
1-866-647-5013  
Health, vision, and dental benefits are insured by Desjardins Insurance.  
Group Number: Q1118  
Desjardins Insurance refers to Desjardins Financial Security Life Assurance Company.

GreenShield

GreenShield  
8677 Anchor Drive  
PO Box 1606  
Windsor, ON N9A 6W1  
1-888-525-7587  
Gender Affirmation Care medical coverage is insured by GreenShield.  
Group Number: GAV

securian CANADA

Securian Canada  
1400-25 Sheppard Avenue West  
Toronto, Ontario M2N 6S6  
1-888-852-2419 or  
1-514-904-4730 for travel claims  
Group Number (travel): 97180  
Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Trip Cancellation and Trip Interruption/Trip Delay benefits are underwritten by Canadian Premier General Insurance Company. All other benefits are underwritten by Canadian Premier Life Insurance Company. For more information visit [www.securiancanada.ca](http://www.securiancanada.ca) or call 1-844-894-0378.

To determine if these products are right for you, for more details, or to contact a licensed insurance representative, visit [www.aseq.ca](http://www.aseq.ca). Please note that the Programme mieux-être, Conversation, The Essentials, AlloDoc!, and the legal component of Gender Affirmation Care are not insurance products.

## Submit Claims Quickly and Easily

Register on the Omni™ mobile app or Desjardins Insurance's online portal. Access your Pay-Direct Card, which lets you get claims processed immediately, and submit eligible types of claims online.



Omni™ and the Omni logo are trademarks of Desjardins Financial Security Life Assurance Company, used under licence by ASEQ.

NOTE: This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit [www.aseq.ca](http://www.aseq.ca) to learn about all the applicable conditions and exclusions.



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This paper which contains Sustana's 100% sustainable recycled fiber is processed chlorine free. Bringing paper products full circle with sustainable innovation.

AÉCSP-ENBRO/09-25

ASEQ is becoming

# ALUMO

2025—2026

## AÉCSP Health & Dental Plan

Insuring today.  
Ensuring tomorrow.

### Group Numbers

Health, vision, and dental:  
Q1118(Desjardins Insurance)

Travel:  
97180 (Securian Canada)

Gender Affirmation Care:  
GAV (GreenShield)



For complete details on coverage, eligibility, and group/policy numbers, visit [www.aseq.ca](http://www.aseq.ca).



Health Plan

Health  
Up to \$10,000



- Contraceptive methods
- Neurostimulants
- Antidepressants
- Vaccinations
- Psychologists
- Physiotherapists
- Chiropractors
- Ambulance
- and more!

Vision  
Over \$450



- Eye exam
- Eyeglasses and contact lenses
- Accident coverage for eyeglasses
- Laser eye surgery

Plus: More Services  
Designed to  
Support Students

2SLGBTQIA+ Support

Gender Affirmation Care

Coverage for gender-affirming medical care and legal assistance for students on their gender affirmation journeys

Legal Care Program

The Essentials

A consultation service for all your legal questions, and legal representation for disputes related to housing, employment, academic rights, and more

Travel Plan

Care Abroad  
Up to \$5,000,000



120 days per trip, up to \$5,000,000 per lifetime, trip cancellation and trip interruption in the event of a medical emergency

Scan for a summary of benefits

Mental Health & Wellness

Programme mieux-être  
Powered by Dialogue

A student assistance program providing mental health and wellness services 24/7

Conversation  
Powered by Dialogue

Fast access to mental health professionals with no out-of-pocket cost, offering consultations until remission

Virtual Health Care

AlloDoc!  
Powered by Dialogue

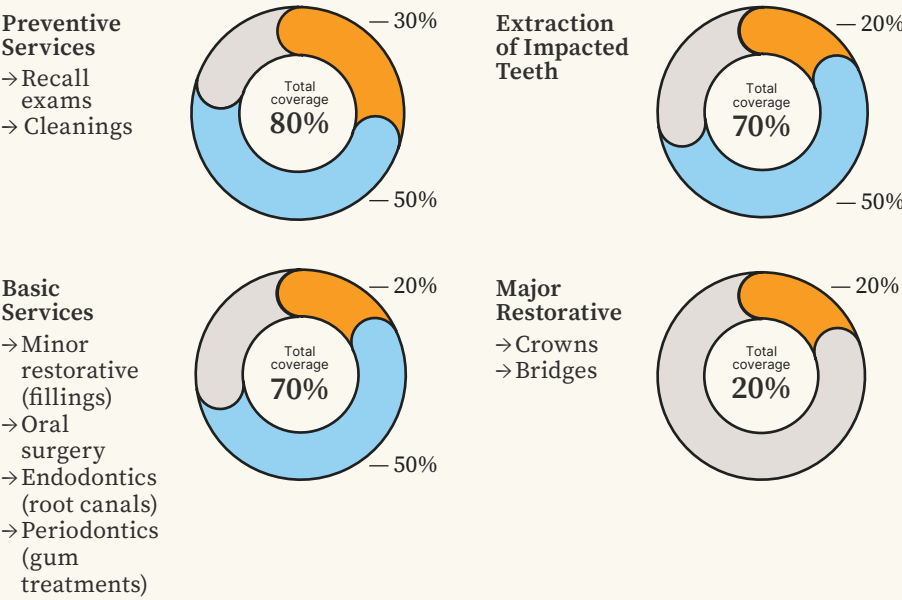
Virtual health care that connects you with nurses and physicians from anywhere in Canada

Dental Plan

Dental  
Up to \$1,000



- Checkups
  - Cleanings
  - Fillings
- Wisdom tooth extractions
  - and more!



Insured Portion ASEQ Dental Network Savings Portion Not Covered

Change-of-Coverage &  
Opt-Out Periods

Fall semester:  
Sept. 14 - Oct. 15, 2025

Winter semester  
(new students only):  
Jan. 14 - Feb. 15, 2026

The Plan is a **non-mandatory automatic** contribution.

All opt outs or coverage changes can be completed online at **www.aseq.ca**. You can choose between an annual or permanent opt out.

Price

Health & Dental Plan Combined Annual Fee* \$414.04	Health Plan Annual Fee \$217.64	
	Dental Plan Annual Fee \$196.40	

\* This is an annual Plan. Students will therefore be covered for one year. If you begin your studies in the winter, you may make an opt-out or change-of-coverage request in the Winter semester.

Fall 2025 \$138.02 Health: \$72.55 Dental: \$65.47	Combined Fee (September-August)	Winter 2026 \$276.02 Health: \$145.09 Dental: \$130.93	Combined Fee (January-August)
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Enrol Loved Ones for Less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit **www.aseq.ca** for family enrolment fees and instructions.

Add one dependant for full-year coverage

Add unlimited dependants for full-year coverage