

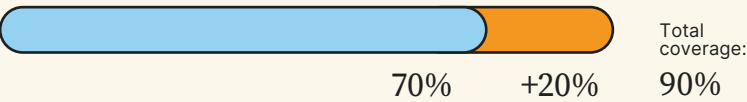
Exclusive savings from Alumo Network members*

- Your Plan coverage

Alumo Networks
- You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.

By consulting a Network member, you'll get additional coverage.

Example of a claim made using a Alumo Dental Network practitioner:



Save more, spend less with Network members**

Rexall

up to 100% on your out-of-pocket prescription drug costs (max \$40)

25% off regular priced Rexall corporate brands when you link your Be Well™ account with Rexall's Preferred Perks Program

LASIK MD VISION

Discounts on custom LASIK

Free, no-obligation consultation

Lowest price guarantee

and more!
Dentists, physiotherapists, massage therapists, chiropractors, and gender-affirming care practitioners

*Alumo and the insurers do not endorse or assume any responsibility with respect to the use of their services.
**Certain conditions apply.

An essential service for students

As an eligible student, you're automatically covered by one of the most important services on campus, the UWSA Health & Dental Plan. It covers many benefits not provided by provincial health-care programs.

Eligible students include:

- Domestic full-time and part-time undergraduate students in the Fall, Winter, or Spring Term
- International students (including full-time, part-time, and graduate international students)

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees. See [alumo.ca](#) for more details.

Manitoba Blue Cross
PO Box 1046 Stn Main,
Winnipeg, Manitoba R3C 2X7
204-788-6800 or
1-888-596-1032 (toll free)
Health, vision, and dental
benefits are insured by
Manitoba Blue Cross.
Group number: 7654

GreenShield
8677 Anchor Drive
PO Box 1606
Windsor, ON N9A 6W1
1-888-525-7587
Gender Affirmation Care
medical coverage is insured
by GreenShield.
Group number: GCR

Securian Canada
1400-25 Sheppard Avenue West
Toronto, Ontario M2N 6S6
1-888-852-2419 or
1-514-904-4730 for travel claims
Group number (travel): 97180

Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Trip Cancellation and Trip Interruption/Trip Delay benefits are underwritten by Canadian Premier General Insurance Company. All other benefits are underwritten by Canadian Premier Life Insurance Company.

To determine if these products are right for you, for more details, or to contact a licensed insurance representative, visit [alumo.ca](#). Please note that Student Assistance Program, Virtual Health Care, and the legal component of Gender Affirmation Care are not insurance products.

Submit claims quickly and easily

Register to submit claims online through **Manitoba Blue Cross's mybluecross® web portal or mobile app.*** See [mb.bluecross.ca](#) and download the app from the App Store or Google Play.

*Login details will apply to both the mobile app and web portal.
Coverage must be in effect before account registration.

NOTE: This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit [alumo.ca](#) to learn about all the applicable conditions and exclusions.

OUR ENVIRONMENTAL COMMITMENT ON PAPER
This paper which contains Sustana's 100% recycled fiber is processed chlorine free. It is designated Ancient Forest Friendly™ and FSC® certified. Bringing paper products full circle with sustainable innovation.

UWSA/BRO/09-26

ALUMO

2026–2027

UWSA Health & Dental Plan

Insuring today.
Ensuring tomorrow.

Group numbers

Health, vision, and dental:
7654 (Manitoba Blue Cross)

Travel:
97180 (Securian Canada)

Gender Affirmation Care:
GCR (GreenShield)

For complete details on coverage, eligibility, and client/group numbers, visit [alumo.ca](#).

Health Plan

Health
Over \$10,000

- Prescription drugs
- Chiropractors
- Vaccinations
- Ambulance
- Psychologists
- Physiotherapists
- and more!

Vision
Over \$200

- Eye exam
- Eyeglasses and contact lenses

Travel Plan

Travel
Up to \$5,000,000

120 days per trip, up to \$5,000,000 per lifetime, trip cancellation and trip interruption in the event of a medical emergency

Save more, spend less!

See an Alumo Network professional to get extra discounts on health services.

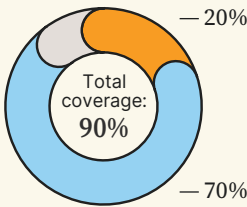
Dental Plan

Dental
Up to \$500

(maximum per policy year)

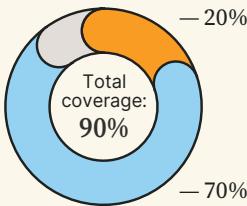
Basic services

- Recall exams
- Polishings
- Fillings
- Extractions



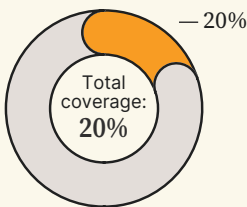
Comprehensive basic services

- Standard denture services
- Comprehensive oral surgery
- Endodontics (root canals)
- Periodontics (gum treatments)



Major restorative

- Crowns
- Bridges
- Posts



Obtaining preauthorization is recommended for dental work expected to cost \$300 or more. See [alumo.ca](#) for details.

- Insured portion
- Alumo Dental Network Savings
- Portion not covered

Plan fees

Health &
Dental Plan
combined
annual fee
\$350.00

Coverage for Fall Term students (full year)	Fall 2026 fee (September-August)
\$350.00	
Coverage for new Winter Term students	Winter 2027 fee (January-August)
\$233.33	
Coverage for new Spring Term students	Spring 2027 fee (May-August)
\$116.67	

Change-of-Coverage & Opt-Out Periods

Fall Term:
August 6 – September 15, 2026

Winter Term (new students only):
December 8, 2026 – January 16, 2027

Spring Term (new students only):
April 7 – May 15, 2027

If you're automatically covered, the **Plan fee is included in your tuition and other fees**. During the applicable period, you can add coverage for your family or opt out of the Plan if you have proof of other coverage. Some students may also be eligible to opt themselves into the Plan. See [alumo.ca](#) for instructions.

Family add-on

You can add coverage for your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit [alumo.ca](#) for instructions.

\$350.00 Add one dependant for full-year coverage*	\$416.50 Add unlimited dependants for full-year coverage*
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*Family add-on fees for coverage from January 1 – August 31, 2027 (for new Winter Term students) and from May 1 – August 31, 2027 (for new Spring Term students) are available online.

For eligibility details, see [alumo.ca](#).