

Exclusive savings from Alumo Network members*

Your Plan coverage

You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.

Alumo Networks

By consulting a Network member, you'll get additional coverage.

Example of a claim made using a Alumo Dental Network practitioner:

70%

+30%

Total coverage: 100%

Save more, spend less with Network members**

Rexall

up to 100%

on your out-of-pocket prescription drug costs (max \$40)

25% off

regular priced Rexall corporate brands when you link your Be Well™ account with Rexall's Preferred Perks Program

Specsavers

\$75 eye exams

including OCT Scan

20% off

contact lenses

Select range of eyeglass models from

only \$69

Vancouver Alumo Vision Network

\$75 off

select prescription eyeglass models

\$75

eye exams

PSYVITALITĪ

Preferred rates on 50-minute adult therapy or coaching sessions

and more!
Dentists, physiotherapists, chiropractors, and gender-affirming care practitioners

*Alumo and the insurers do not endorse or assume any responsibility with respect to the use of their services.
**Certain conditions apply.

An essential service for students

As an eligible student, you're automatically covered by one of the most important services on campus: the AMS/GSS Health & Dental Plan. It covers many benefits not provided by provincial health-care programs. Eligible students include:

- AMS and GSS members who are students at UBC in September or January and who pay AMS fees for the Health & Dental Plan, including full-time and part-time students, international students, students auditing a course, and Co-op students on work term in September or for a full year
- Students enrolled in 3 or more credit hours at Regent College or St. Mark's College
- Students at the Vancouver School of Theology

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees. See alumo.ca for more details.

PACIFIC BLUE CROSS

Pacific Blue Cross

P.O. Box 7000
Vancouver, BC
V6B 4E1
Health, vision, dental, and travel benefits are insured by Pacific Blue Cross.
Policy number: 43979

GreenShield

GreenShield

8677 Anchor Drive
PO Box 1606
Windsor, ON N9A 6W1
1-888-525-7587
Gender Affirmation Care medical coverage is insured by GreenShield.
Policy number: GAN

To determine if these products are right for you, for more details, or to contact a licensed insurance representative, visit alumo.ca. Please note that the legal component of Gender Affirmation Care is not an insurance product.

Submit claims quickly and easily

Claim through your Member Profile account, via the Pacific Blue Cross mobile app or online! Download the app from the App Store or Google Play, or sign up at <https://service.pac.bluecross.ca/member/login>.



NOTE: This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit alumo.ca to learn about all the applicable conditions and exclusions.



OUR ENVIRONMENTAL COMMITMENT ON PAPER
This paper which contains Sustana's 100% recycled fiber is processed chlorine free. It is designated Ancient Forest Friendly™ and FSC® certified. Bringing paper products full circle with sustainable innovation.

AMS-GSS/BRO/09-26

ALUMO



2026–2027

AMS/GSS Health & Dental Plan

Insuring today.
Ensuring tomorrow.

Policy numbers

Health, vision, dental, and travel:
43979 (Pacific Blue Cross)

Gender Affirmation Care:
GAN (GreenShield)



For complete details on coverage, eligibility, and policy numbers, visit alumo.ca.



Health Plan

Health
Over \$10,000



- Prescription drugs
- Chiropractors
- Vaccinations
- Ambulance
- Psychologists
- Physiotherapists
- and more!

Vision
Over \$250



- Eye exam
- Eyeglasses and contact lenses
- Laser eye surgery

Extra support when you need it

Gender Affirmation Care

Gender-affirming medical coverage and legal assistance for students on their gender affirmation journeys

For eligibility details, see [alumo.ca](#).

Travel Plan

Travel
Up to \$5,000,000



120 days per trip, up to \$5,000,000 per lifetime, trip cancellation and trip interruption in the event of a medical emergency

Save more, spend less!

See an Alumo Network professional to get extra discounts on health services.

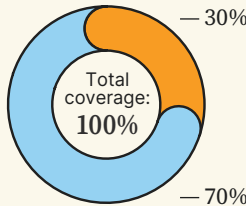
Dental Plan

Dental
Up to \$750

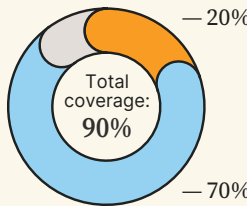


- Recall exams
 - Cleanings
 - Fillings
- Root canals
 - and more!

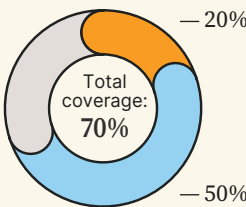
Preventive services
→ Recall exams
→ Cleanings



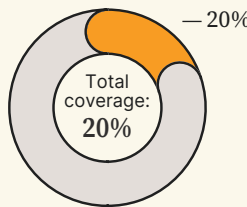
Impacted wisdom tooth extractions



Basic services
→ Fillings
→ Oral surgery
→ Endodontics (root canals)
→ Periodontics (gum treatments)



Major restorative
→ Crowns
→ Bridges



- Insured portion
- Alumo Dental Network Savings
- Portion not covered

Plan fees

Health & Dental Plan combined annual fee
\$396.41



Full-year coverage
\$396.41

Full-year fee (September-August)

Coverage for new Term 2 students
\$264.27

Winter 2027 fee (January-August)

Change-of-Coverage & Opt-Out Periods

Term 1:
August 24 – September 28, 2026

Term 2 (new students only):
January 5–25, 2027

May intake
(enrolments for new students only):
May 5–28, 2027

If you're automatically covered, **the Plan fee is included in your tuition and other fees.** During the applicable period above, you can opt out of the Plan if you have proof of other coverage or add coverage for your family. Some students may also be eligible to opt themselves into the Plan. See [alumo.ca](#) for instructions.

Family add-on

You can add coverage for your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit [alumo.ca](#) for family add-on fees and instructions.

\$396.41
Add one dependant for full-year coverage

\$792.82
Add unlimited dependants for full-year coverage

*Family add-on fees for coverage from January 1 – August 31, 2027 for new Term 2 students, or from May 1 – August 31, 2027 for new May intake summer students, are available online.