

Exclusive Savings from Studentcare Network Partners*

Your Plan Coverage

You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.

Studentcare Networks

By consulting a Network member, you'll get additional coverage.

70%

+30%

100%

Total Coverage:

Save More with Network Members**

Rexall

25% off

regular priced

Rexall corporate brands when you link your Be Well™ account with Rexall's Preferred Perks Program

Specsavers

10% off

contact lenses

LASIK MD

VISION

\$550 off

on custom LASIK

Free, no-obligation consultation

Lowest price guarantee

Independent Vision Specialists

30% off

prescription eyeglasses, up to \$75

Discounts on eye exams and contact lenses

PSYVITALITI

Preferred rates on 50-minute adult therapy or coaching sessions

and more!
Dentists, physiotherapists, massage therapists, and chiropractors

*Studentcare and the insurers do not endorse or assume any responsibility with respect to the use of their services.
** Certain conditions apply.

An Essential Service for Students

As an eligible student, you're automatically covered by one of the most important services on campus: the SU Comprehensive Care Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs.

Undergraduate students who are enrolled in at least 3 credit hours in either the Fall or Winter Term and who pay SU fees are eligible.

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees.

See www.studentcare.ca for more details.

Group Numbers

Health, vision, and dental:
ASU (insured by GreenShield)

Travel: 97180
(Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Trip Cancellation and Trip Interruption/Trip Delay benefits are underwritten by Canadian Premier General Insurance Company. All other benefits are underwritten by Canadian Premier Life Insurance Company.)

Submit Claims Quickly and Easily

Claim through GreenShield's online portal at app.greenshieldplus.ca or the GreenShield+ mobile app.

Submit claims using your Member ID: your **Group Number (ASU)** + your **Student ID Number** + 00 (e.g. ASU123456700).



Questions about claims: 1-888-525-7587

NOTE: This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit www.studentcare.ca to learn about all the applicable conditions and exclusions.

Care Office
6-14 SUB
Sixth Floor



OUR ENVIRONMENTAL COMMITMENT ON PAPER
This paper which contains Sustana's 100% sustainable recycled fiber is processed chlorine free. It is designated Ancient Forest Friendly™ and FSC® certified. Bringing paper products full circle with sustainable innovation.

SU-ABIBRO/09-25

Studentcare is becoming

ALUMO

2025–2026

SU Comprehensive Care Health & Dental Plan

Insuring today.
Ensuring tomorrow.

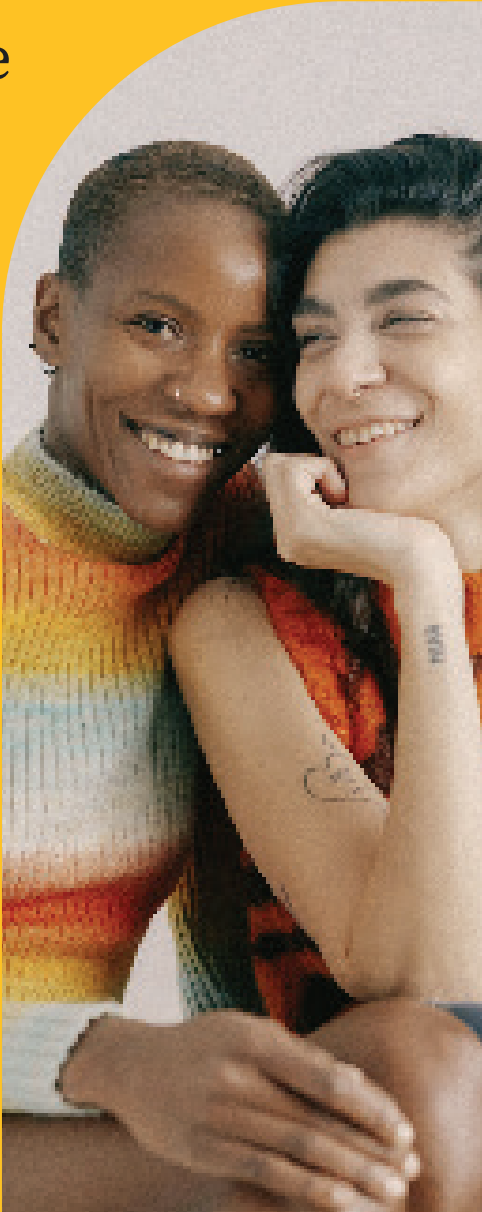
Group Numbers

Health, vision, and dental:
ASU (GreenShield)

Travel:
97180 (Securian Canada)



For complete details on coverage, eligibility, and group numbers, visit www.studentcare.ca.



Health Plan

Health
Over \$10,000



- Prescription drugs
- Chiropractors
- Vaccinations
- Ambulance
- Psychologists
- Physiotherapists
- and more!

Vision

Basic
Over \$200

Comprehensive
Over \$300

- Eye exam
- Eyeglasses and contact lenses
- Laser eye surgery

Plus: mental health services
designed to support students

Mental Health & Wellness

Empower Me
Powered by Dialogue

A student assistance program
providing mental health and
wellness services 24/7

Appointments available virtually
and in-person

For eligibility details,
see www.studentcare.ca.

Travel Plan

Care Abroad
Up to \$5,000,000



120 days per trip, up to
\$5,000,000 per lifetime, trip
cancellation and trip interruption
in the event of a medical emergency

Scan for a
summary of
benefits

Dental Plan

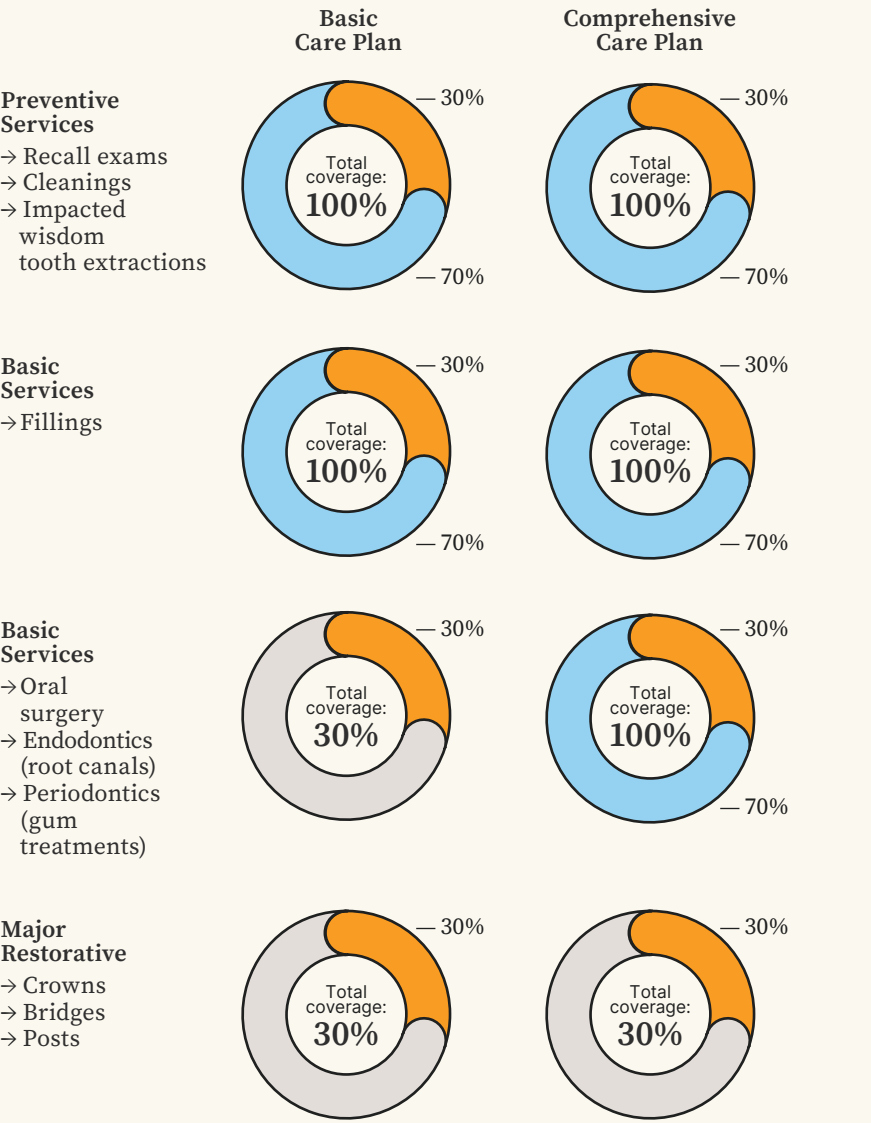
Dental

Basic
Up to \$500

Comprehensive
Up to \$650

→ Checkups
→ Fillings
→ Cleanings

→ Root canals
→ and more!



Insured Portion Studentcare Dental Network Savings Portion Not Covered

Price

Comprehensive Care
Health & Dental Plan
Combined
Annual Fee
\$404.77



Full year \$404.77	Combined Fee (September-August)	Winter 2026 (new students only) \$269.85	Combined Fee (January-August)
Health Plan: \$204.93 Dental Plan: \$199.84		Health Plan: \$136.62 Dental Plan: \$133.23	

Looking for a different level of coverage?
Try the Basic Care Plan for a cheaper price or mix and match portions of the Comprehensive Care and Basic Care Plans. See www.studentcare.ca for details.

Change-of-Coverage Periods

Fall Term: Sept. 2 – 26, 2025	If you're automatically covered, the Comprehensive Care Plan fee is included in your tuition and other fees. During the applicable period above, you can opt out of the Plan, change your coverage, or enrol your family. Some students may also be eligible to enrol themselves in the Plan. See www.studentcare.ca for instructions.
Winter Term (new students only): Jan. 5 – 23, 2026	

Enrol Loved Ones for Less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit www.studentcare.ca for instructions.

\$404.77 Add one dependant for full-year coverage*	\$809.54 Add unlimited dependants for full-year coverage*
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*Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2026 (for new Spring term students) and from May 1 – Aug. 31, 2026 (for new Summer term students) are available online.