

Exclusive Savings from Studentcare Network Partners*

Your Plan Coverage

You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.

Studentcare Networks

By consulting a Network member, you'll get additional coverage.

70%

+ 30%

Total Coverage: 100%

Save More with Network Members**

greiche & scaff

\$150 off eyeglasses

10% off contact lenses

LASIK MD VISION

\$550 off on custom LASIK

Free, no-obligation consultation

Lowest price guarantee

PSYMONTRÉAL

\$30 discount on a regular 50-minute adult therapy or coaching session

and more!
Dentists, physiotherapists, and chiropractors

* Studentcare and the insurers do not endorse or assume any responsibility with respect to the use of their services.
** Certain conditions apply.

An Essential Service for Students

As a Bishop's University student and an SRC member in the Fall or Winter Semester who is paying tuition fees at either the Canadian or Quebec rates, you have access to one of your Students' Representative Council's most important services, the SRC Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs, like vision care, dental care, and travel care abroad. International students are automatically covered by the Dental Plan only. Visit www.studentcare.ca for more details on eligibility.

We invite you to verify if you're already covered by another plan (through an employer, parent, or spouse). If so, the student Plan can still be of interest to you, as you can be reimbursed the remaining eligible fees (partially or fully) through your secondary plan.

 **GreenShield**

8677 Anchor Drive
PO Box 1606
Windsor, ON N9A 6W1
1-888-525-7587
Health, vision, and dental benefits are insured by GreenShield.
Group Number: BIS

 **securian**
CANADA

Securian Canada
1400-25 Sheppard Avenue West
Toronto, Ontario M2N 6S6
1-888-852-2419 or
1-514-904-4730 for claims
Group Number (travel): 97180
Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Trip Cancellation and Trip Interruption/Trip Delay benefits are underwritten by Canadian Premier General Insurance Company. All other benefits are underwritten by Canadian Premier Life Insurance Company. For more information visit www.securiancanada.ca or call 1-844-894-0378.

See www.studentcare.ca for details on accidental death and dismemberment benefits.

To determine if these products are right for you, for more details, or to contact a licensed insurance representative, visit www.studentcare.ca. Please note that Empower Me, The Essentials, and HI are not insurance products.

Submit Claims Quickly and Easily

Claim through GreenShield's online portal at app.greenshieldplus.ca or the **GreenShield+** mobile app.



NOTE: This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit www.studentcare.ca to learn about all the applicable conditions and exclusions.



OUR ENVIRONMENTAL COMMITMENT ON PAPER
This paper which contains Sustana's 100% sustainable recycled fiber is processed chlorine free. Bringing paper products full circle with sustainable innovation.

Studentcare is becoming

ALUMO



2025-2026

SRC Health & Dental Plan

Insuring today.
Ensuring tomorrow.

Group Numbers

Health, vision, and dental:
BIS (GreenShield)

Accidental Death & Dismemberment:
141014 (Securian Canada)

Travel:
97180 (Securian Canada)



For complete details on coverage, eligibility, and group numbers, visit www.studentcare.ca.



Health Plan

Health
Over \$10,000



- Prescription drugs
- Vaccinations
- Psychologists
- Physiotherapists
- Ambulance
- and more!

Vision
Over \$500



- Eye exam
- Eyeglasses and contact lenses
- Laser eye surgery
- Accident coverage for eyeglasses

Travel Plan

Care Abroad
Up to \$5,000,000



120 days per trip, up to \$5,000,000 per lifetime, trip cancellation and trip interruption in the event of a medical emergency

Scan for a
summary of
benefits



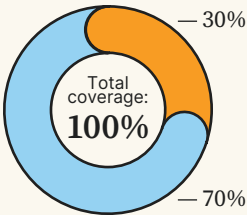
Dental Plan

Dental
Up to \$1,000

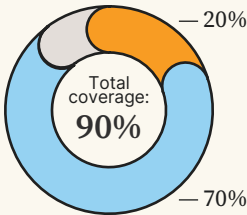


- Checkups
- Cleanings
- Fillings
- Root canals
- Extractions
- and more!

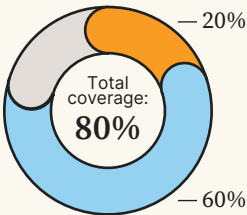
Preventive
Services
→ Recall exams
→ Cleanings



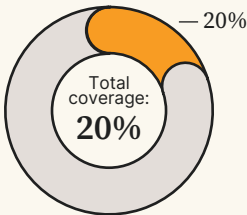
Impacted
Wisdom
Tooth
Extractions



Basic Services,
Endodontics &
Periodontics
→ Fillings
→ Oral surgery
→ Endodontics (root canals)
→ Periodontics (gum treatments)



Major
Restorative
→ Crowns
→ Bridges



Insured Portion Studentcare Dental Network Savings Portion Not Covered

Price

Health &
Dental Plan
Combined
Annual Fee*
\$259.63

Health Plan
Annual Fee
\$141.12



Dental Plan
Annual Fee
\$118.51



*This is an annual Plan. Students will therefore be covered for one year. If you begin your studies in the winter, you can submit an opt-out or change-of-coverage request in the Winter Semester.

Fall 2025
\$259.63

Combined Fee
(September-August)

Winter 2026
\$173.08

Combined Fee
(January-August)

Health Plan: \$94.08
Dental Plan: \$79.00

Plus: More Services Designed to Support Students

Mental Health & Wellness

Empower Me
Powered by Dialogue

A student assistance program providing mental health and wellness services 24/7

Legal Care Program

The
Essentials

A consultation service for all your legal questions, and legal representation for disputes related to housing, employment, academic rights, and more

Virtual Health Care

HI
Powered by Dialogue

Virtual health care that connects you with nurses and physicians from anywhere in Canada

Annual Fee: \$36
Winter 2026 Fee: \$24

For eligibility details, see www.studentcare.ca.

Change-of-Coverage & Opt-Out Periods

Fall Semester students:
Sept. 19 – Oct. 15, 2025

New Winter Semester students only:
Jan. 23 – Feb. 25, 2026

Health & Dental Plan

The Plan is a non-mandatory automatic contribution.

All opt outs or coverage changes can be completed online at www.studentcare.ca. You can request an annual or permanent opt out.

HI (Virtual Health Care)

See www.studentcare.ca for opt-out procedures.

Enrol Loved Ones for Less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit www.studentcare.ca for family enrolment fees and instructions.



Add one dependant for full-year coverage*



Add unlimited dependants for full-year coverage*

*Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2026 for new Winter Semester students are available at www.studentcare.ca.