

Exclusive Savings from Studentcare Network Partners*

Your Plan Coverage

You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.

Studentcare Networks

By consulting a Network member, you'll get additional coverage.

Total Coverage:

70%

+30%

Up to 100%

Save More with Network Members**



New

up to 100% off

on your out-of-pocket prescription drug costs (max \$40)

25% off

regular priced Rexall corporate brands when you link your Be Well™ account with Rexall's Preferred Perks Program




10% off contact lenses

Independent Vision Specialists

30% off

prescription eyeglasses, up to \$75

Discounts on eye exams and contact lenses



\$550 off on custom LASIK

Free, no-obligation consultation

Lowest price guarantee



Preferred rates on 50-minute adult therapy or coaching sessions

and more!
Dentists, physiotherapists, massage therapists, chiropractors, and gender-affirming care practitioners

* Studentcare and the insurers do not endorse or assume any responsibility with respect to the use of their services.
** Certain conditions apply.

An Essential Service for Students

As an eligible student, you're automatically covered by one of the most important services on campus: the AMS Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs.

The following students are eligible as long as they have a provincial health plan or an OHIP-equivalent plan and are under the age of 65:

- Full-time on-campus AMS-affiliated undergraduate students who are enrolled at Queen's starting in the Fall Term or Winter Term (including full-time international students paying Queen's fees and UHIP)
- Off-campus first-year BISC students

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees. See www.studentcare.ca for more details.

Group Numbers

Health, vision, and dental: AMS
Travel: 97180

Gender Affirmation Care: GBI
(Medical coverage insured by GreenShield)


(Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Trip Cancellation and Trip Interruption/Trip Delay benefits are underwritten by Canadian Premier General Insurance Company. All other benefits are underwritten by Canadian Premier Life Insurance Company.)

Submit Claims Quickly and Easily

Register to submit claims online by downloading the **Securian Canada Student Health Portal mobile app** or by visiting students-healthportal.securiancanada.ca

Download the Securian Canada mobile app.

NOTE: This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit www.studentcare.ca to learn about all the applicable conditions and exclusions.



Stay updated:
[@queens_ams](https://www.instagram.com/queens_ams)

OUR ENVIRONMENTAL COMMITMENT ON PAPER
This paper which contains Sustana's 100% sustainable recycled fiber is processed chlorine free. It is designated Ancient Forest Friendly™ and FSC® certified. Bringing paper products full circle with sustainable innovation.

QUEEN_AMS/IBRO/09-25

Studentcare is becoming

ALUMO

2025–2026

AMS Health & Dental Plan

Insuring today.
Ensuring tomorrow.

Group Numbers

Health, vision, and dental: AMS
Travel: 97180
(Securian Canada)

Gender Affirmation Care: GBI
(GreenShield)

For complete details on coverage, eligibility, and group numbers, visit www.studentcare.ca.

Health Plan

Health
Over \$10,000



- Prescription drugs
- Vaccinations
- Ambulance
- Chiropractors
- Psychologists
- Physiotherapists
- and more!

Vision
Over \$350



- Eye exam
- Eyeglasses and contact lenses
- Laser eye surgery

Plus: More Services Designed to Support Students

2SLGBTQIA+ Support

 **Gender Affirmation Care**

Coverage for gender-affirming medical care and legal assistance for students on their gender affirmation journeys

Virtual Health Care

 **HI**
Powered by **Dialogue**

Virtual health care that connects you with nurses and physicians from anywhere in Canada

For eligibility details, see www.studentcare.ca.

Travel Plan

Care Abroad
Up to \$5,000,000



120 days per trip, up to \$5,000,000 per lifetime, trip cancellation and trip interruption in the event of a medical emergency

Scan for a summary of benefits



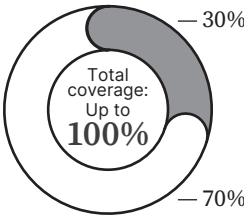
Dental Plan

Dental
Up to \$500

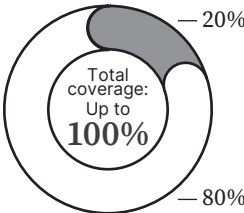


- Checkups
- Fillings
- Cleanings
- Root canals
- and more!

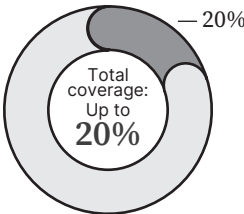
Preventive Services
→ Recall exams
→ Cleanings



Basic Services
→ Fillings
→ Oral surgery
→ Endodontics (root canals)
→ Periodontics (gum treatments)
→ Extractions



Major Restorative
→ Crowns
→ Bridges



○ Insured Portion ● Studentcare Dental Network Savings ○ Portion Not Covered

Price

Health & Dental Plan
Combined Annual Fee
\$387.58

Full Year
\$387.58
Combined Fee (September-August)

Health: \$219.37
Dental: \$168.21

Winter 2026 (for new Winter Term students)
\$258.38
Combined Fee (January-August)

Health: \$146.24
Dental: \$112.14

Change-of-Coverage Periods

Fall Term:
Sept. 2 - 29, 2025

Winter Term (new students only):
Jan. 5 - 30, 2026

If you're automatically covered, the Plan fee is included in your tuition and other fees. During the applicable period above, you can opt out of the Plan if you have proof of other coverage, change your coverage, or enrol your family. Some students may also be eligible to enrol themselves in the Plan. See www.studentcare.ca for instructions.

Enrol Loved Ones for Less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit www.studentcare.ca for instructions.



\$389.14
Add one dependant for full-year coverage*



\$766.32
Add unlimited dependants for full-year coverage*

* Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2026 (for new Winter Term undergraduate students) are available online.