

Exclusive Savings from Studentcare Network Partners*

Your Plan Coverage

You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.

Studentcare Networks

By consulting a Network member, you'll get additional coverage.

75%

+ 20%

Total Coverage

100%

Save More with Network Members**

Rexall

up to 100% on your out-of-pocket prescription drug costs (max \$40)

25% off regular priced Rexall corporate brands when you link your Be Well™ account with Rexall's Preferred Perks Program

Northern BC Studentcare Vision Network

30% off prescription eyeglasses, up to \$75

\$70 eye exams

Up to 25% off contact lenses

LASIK MD

VISION

\$550 off on custom LASIK

Free, no-obligation consultation

Lowest price guarantee

PSYVITALITĪ

Preferred rates on 50-minute adult therapy or coaching sessions

and more!
Dentists, physiotherapists, and chiropractors

* Studentcare and the insurers do not endorse or assume any responsibility with respect to the use of their services.
** Certain conditions apply.

An Essential Service for Students

If you're an undergraduate student and a member of NUGSS, you may be automatically enrolled or eligible for self-enrolment in one of the most important services on campus: the NUGSS Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs.

Full-time undergraduate students who are registered on the Prince George campus (including international, certificate, and sponsored students) in the fall or winter are automatically enrolled.

Part-time, regional campus, and co-op and internship students, as well as new students starting in May and third- and fourth-year medical students, are not automatically enrolled but may be eligible to enrol themselves.

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees.

See www.studentcare.ca for more details.

Policy Numbers

Health, vision, and dental: 81517
(insured by Pacific Blue Cross)

Travel: 97180
(Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Trip Cancellation and Trip Interruption/Trip Delay benefits are underwritten by Canadian Premier General Insurance Company. All other benefits are underwritten by Canadian Premier Life Insurance Company.)

Submit Claims Quickly and Easily

Claim through your Member Profile account, via the Pacific Blue Cross mobile app or online! Download the app from the App Store or Google Play, or sign up at <https://service.pac.bluecross.ca/member/login>.

NOTE: This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit www.studentcare.ca to learn about all the applicable conditions and exclusions.

OUR ENVIRONMENTAL COMMITMENT ON PAPER
This paper which contains Sustana's 100% sustainable recycled fiber is processed chlorine free. It is designated Ancient Forest Friendly™ and FSC® certified. Bringing paper products full circle with sustainable innovation.

Studentcare is becoming

ALUMO

nugss
northern undergraduate
student society

2025–2026

NUGSS Health & Dental Plan

Insuring today.
Ensuring tomorrow.

Policy Numbers

Health, vision, and dental:
81517 (Pacific Blue Cross)


Travel:
97180 (Securian Canada)

For complete details on coverage, eligibility, and policy numbers, visit www.studentcare.ca.

NUGSS/BRO/09-25

Health Plan

Health
Over \$3,000




- Prescription drugs
- Vaccinations
- Psychologists
- Physiotherapists
- Chiropractors
- Ambulance
- and more!

Vision
Over \$300




- Eye exam
- Eyeglasses and contact lenses
- Laser eye surgery

Scan for a
summary of
benefits



Travel Plan


Care Abroad
Up to \$5,000,000



120 days per trip, up to \$5,000,000 per lifetime, trip cancellation and trip interruption in the event of a medical emergency

Dental Plan

Dental
Up to \$600



→ Checkups

→ Fillings

→ Cleanings

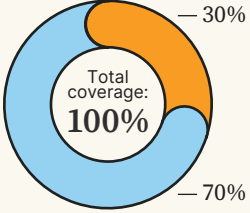
→ Root canals

→ and more!

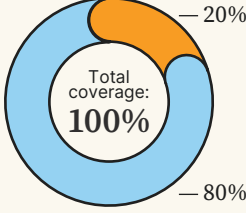
Preventive Services

→ Recall exams

→ Cleanings

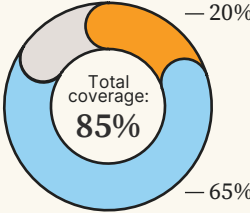


Impacted Wisdom Tooth Extractions



Basic Services

→ Fillings

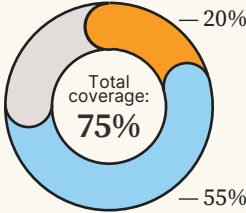


Basic Services

→ Oral Surgery

→ Endodontics (root canals)

→ Periodontics (gum treatments)

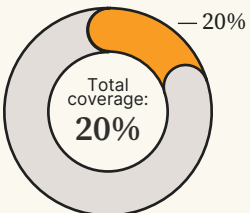





Major Restorative

→ Crowns

→ Bridges

→ Posts



 Insured Portion  Studentcare Dental Network Savings  Portion Not Covered

Price

Health & Dental Plan
Combined
Annual Fee
\$234.60




Full Year
\$234.60

Combined Fee
(September-August)

Winter 2026
(for new Winter students)
\$156.40

Combined Fee
(January-August)

Change-of-Coverage Periods

Fall Semester:
Sept. 2 - 23, 2025

Winter Semester (new students only):
Jan. 5 - 22, 2026

May Intake (self-enrolments for new students only): Apr. 30 - May 21, 2026

If you're automatically covered, the Plan fee is included in your tuition and other fees. During the applicable period, you can enrol your family or opt out of the Plan if you have proof of other coverage. Some students may also be eligible to enrol themselves in the Plan. See www.studentcare.ca for instructions.

Enrol Loved Ones for Less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit www.studentcare.ca for instructions.



\$351.90

Add one dependant for full-year coverage*



\$586.50

Add unlimited dependants for full-year coverage*

*Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2026 (for new Winter Semester students) and for coverage from May 1 – Aug. 31, 2026 (for new May intake students) are available online.