

# Exclusive Savings from Studentcare Network Partners\*

Your Plan Coverage

You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.

Studentcare Networks

By consulting a Network member, you'll get additional coverage.

70%

+ 20%

Total Coverage


100%

## Save More with Network Members\*\*



up to 100% on your out-of-pocket prescription drug costs (max \$40)

25% off regular priced Rexall corporate brands when you link your Be Well™ account with Rexall's Preferred Perks Program



\$550 off on custom LASIK

Free, no-obligation consultation

Lowest price guarantee

Nothern BC Studentcare Vision Network

30% off prescription eyeglasses, up to \$75

\$70 eye exams

Up to 25% off contact lenses



Preferred rates on 50-minute adult therapy or coaching sessions

and more!  
Dentists, physiotherapists, and chiropractors

\* Studentcare and the insurers do not endorse or assume any responsibility with respect to the use of their services.  
\*\* Certain conditions apply.

## An Essential Service for Students

As an eligible student, you're automatically covered by one of the most important services on campus: the NBCGSS Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs.

NBCGSS members paying NBCGSS fees are eligible, including:

- Full-time and part-time students
- Students enrolled in Internet-based courses
- International students

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees.

See [www.studentcare.ca](http://www.studentcare.ca) for more details.

## Policy Numbers

**Health, vision, and dental: 81588**  
(insured by Pacific Blue Cross)

**Travel: 97180**  
(Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Trip Cancellation and Trip Interruption/Trip Delay benefits are underwritten by Canadian Premier General Insurance Company. All other benefits are underwritten by Canadian Premier Life Insurance Company.)

## Submit Claims Quickly and Easily

Claim through your Member Profile account, via the Pacific Blue Cross mobile app or online! Download the app from the App Store or Google Play, or sign up at <https://service.pac.bluecross.ca/member/login>.

**NOTE:** This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit [www.studentcare.ca](http://www.studentcare.ca) to learn about all the applicable conditions and exclusions.

**OUR ENVIRONMENTAL COMMITMENT ON PAPER**  
This paper which contains Sustana's 100% sustainable recycled fiber is processed chlorine free. It is designated Ancient Forest Friendly™ and FSC® certified. Bringing paper products full circle with sustainable innovation.

Studentcare is becoming

# ALUMO

2025–2026

## NBCGSS Health & Dental Plan

Insuring today.  
Ensuring tomorrow.

### Policy Numbers

**Health, vision, and dental: 81588** (Pacific Blue Cross)

**Travel: 97180** (Securian Canada)

For complete details on coverage, eligibility, and policy numbers, visit [www.studentcare.ca](http://www.studentcare.ca).

Northern British Columbia Graduate Students' Society

NBCGSS/BRO/09-25

Health Plan

Health  
Over \$10,000


- Prescription drugs
- Vaccinations
- Psychologists
- Physiotherapists
- Chiropractors
- Ambulance
- and more!

Vision  
Up to \$350

- Eye exam
- Eyeglasses and contact lenses
- Laser eye surgery

Plus: mental health services  
designed to support students

Mental Health & Wellness



**Empower Me**  
Powered by Dialogue

A student assistance program  
providing mental health and  
wellness services 24/7


For eligibility details,  
see [www.studentcare.ca](http://www.studentcare.ca).

Travel Plan

Care Abroad  
Up to \$5,000,000

120 days per trip, up to  
\$5,000,000 per lifetime, trip  
cancellation and trip interruption  
in the event of a medical emergency

Scan for a  
summary of  
benefits



Dental Plan

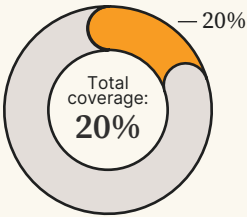
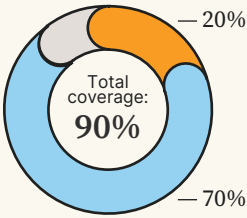
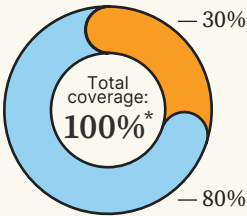
Dental  
Up to \$750

**Preventive  
Services**  
→ Recall  
exams  
→ Cleanings

\* Note that total  
coverage can't  
exceed 100%.

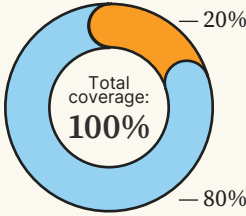
**Basic  
Services**  
→ Fillings  
→ Endodontics  
(root canals)  
→ Periodontics  
(gum  
treatments)

**Major  
Restorative**  
→ Crowns  
→ Bridges  
→ Posts

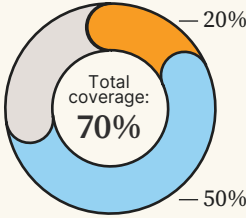


- Checkups
- Fillings
- Cleanings

**Impacted  
Wisdom Tooth  
Extractions**



**Basic  
Services**  
→ Oral  
Surgery



Insured Portion Studentcare Dental Network Savings Portion Not Covered

Price

Health &  
Dental Plan  
Combined  
Annual Fee  
\$392.51

Full Year \$392.51	Combined Fee (September- August)	Winter 2026 (for new Winter students) \$261.67	Combined Fee (January- August)
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Change-of-Coverage Periods

**Fall Semester:**  
Sept. 2 - 23, 2025

**Winter Semester**  
(new students only):  
Jan. 5 - 22, 2026

If you're automatically covered, **the Plan fee is included in your tuition and other fees.** During the applicable period, you can enrol your family or opt out of the Plan if you have proof of other coverage. Some students may also be eligible to enrol themselves in the Plan. See [www.studentcare.ca](http://www.studentcare.ca) for instructions.

Enrol Loved Ones for Less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit [www.studentcare.ca](http://www.studentcare.ca) for instructions.



**\$392.51**  
Add one dependant  
for full-year  
coverage\*



**\$785.02**  
Add unlimited  
dependants for  
full-year coverage\*

\* Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2026 for new Winter Semester students are available online.