

# Exclusive Savings from Studentcare Network Partners\*

Your Plan Coverage

You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.

Studentcare Networks

By consulting a Network member, you'll get additional coverage.

Example of a claim made using a Studentcare Dental Network practitioner.

70%

+30%

Total Coverage:  
Up to 100%

## Save More with Network Members\*\*

Rexall

up to 100% off on your out-of-pocket prescription drug costs (max \$40)

25% off

regular priced Rexall corporate brands when you link your Be Well™ account with Rexall's Preferred Perks Program

Specsavers

10% off contact lenses

LASIK MD VISION

\$550 off on custom LASIK

Free, no-obligation consultation

Lowest price guarantee

Independent Vision Specialists

30% off prescription eyeglasses, up to \$75

Discounts on eye exams and contact lenses

PSYVITALITY

Preferred rates on 50-minute adult therapy or coaching sessions

and more!  
Dentists, physiotherapists, massage therapists, chiropractors, and naturopaths

\* Studentcare and the insurers do not endorse or assume any responsibility with respect to the use of their services.  
\*\* Certain conditions apply.

## An Essential Service for Students

As an eligible student, you're automatically covered by one of the most important services on campus: the GSA Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs. Eligible students include:

- Full-time and part-time graduate students in September or January who pay McMaster fees, including international students, students away on exchange, and MBA students
- Graduate students starting in the Fall or Winter Term that are not covered under the CUPE 3906 Dental Plan
- Graduate students starting in the Fall or Winter Term that are covered by the CUPE 3609 Dental Plan (automatically covered by the Health Plan only)
- Full-time Fall and Winter Term Divinity students (automatically covered by the Health Plan only)

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees.

See [www.studentcare.ca](http://www.studentcare.ca) for more details.

## Group Numbers

Health, vision, and dental: MUG  
Travel: 97180

(Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Trip Cancellation and Trip Interruption/Trip Delay benefits are underwritten by Canadian Premier General Insurance Company. All other benefits are underwritten by Canadian Premier Life Insurance Company.)

## Submit Claims Quickly and Easily

Register to submit claims online by downloading the **Securian Canada Student Health Portal mobile app** or by visiting [students-healthportal.securiancanada.ca](http://students-healthportal.securiancanada.ca)

Download the Securian Canada mobile app.

**NOTE:** This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit [www.studentcare.ca](http://www.studentcare.ca) to learn about all the applicable conditions and exclusions.

**OUR ENVIRONMENTAL COMMITMENT ON PAPER**  
This paper which contains Sustana's 100% sustainable recycled fiber is processed chlorine free. It is designated Ancient Forest Friendly and FSC certified. Bringing paper products full circle with sustainable innovation.

MCMA-GS/IBRO/09-25

Studentcare is becoming

# ALUMO

2025–2026

## McMaster GSA Health & Dental Plan

Insuring today.  
Ensuring tomorrow.

### Group Numbers

Health, vision, and dental: MUG  
Travel: 97180  
(Securian Canada)

For complete details on coverage, eligibility, and group numbers, visit [www.studentcare.ca](http://www.studentcare.ca).

Health Plan

Health  
Over \$10,000



- Prescription drugs
- Vaccinations
- Psychologists
- Physiotherapists
- Chiropractors
- Ambulance
- and more!

Vision  
Up to \$150



- Eye exam
- Eyeglasses and contact lenses

Plus: Mental Health Services  
Designed to Support Students

Mental Health & Wellness

**Empower Me**  
Powered by Dialogue

A student assistance program providing mental health and wellness services 24/7

For eligibility details,  
see [www.studentcare.ca](http://www.studentcare.ca).

Travel Plan

Care Abroad  
Up to \$5,000,000



120 days per trip, up to \$5,000,000 per lifetime, trip cancellation and trip interruption in the event of a medical emergency

Scan for a  
summary of  
benefits



Dental Plan

Dental  
Up to \$750

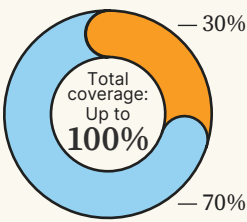


- Checkups
- Fillings
- Cleanings

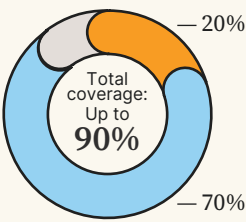
- Root canals
- and more!

Preventive Services

- Recall exams
- Cleanings

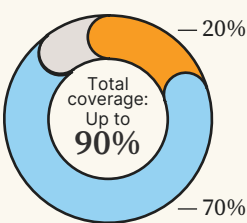


Impacted Wisdom Tooth Extractions



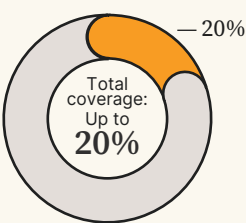
Basic Services

- Fillings
- Oral surgery
- Endodontics (root canals)
- Periodontics (gum treatments)



Major Restorative

- Crowns
- Bridges
- Posts



● Insured Portion ● Studentcare Dental Network Savings ● Portion Not Covered

Price

Health &  
Dental Plan  
Combined  
Annual Fee  
\$522.00



Fall 2025 \$522.00	Combined Fee (September-August)	Winter 2026 (new students only) \$348.00	Combined Fee (January-August)
Health: \$292.00 Dental: \$230.00		Health: \$194.67 Dental: \$153.33	

Note that Divinity students may pay different fees. See [www.studentcare.ca](http://www.studentcare.ca) for details.

Change-of-Coverage Periods

Fall Term:  
Sept. 3 - Oct. 1, 2025

If you're automatically covered, the Plan fee is included in your tuition and other fees.

Winter Term (new students only): Jan. 6 - 30, 2026

During the applicable period, you can change your coverage, enrol your family, or opt out of the Plan if you have proof of other coverage. Some students may also be eligible to enrol themselves in the Plan. See [www.studentcare.ca](http://www.studentcare.ca) for instructions.

Summer Term (new students only): May 5 - 29, 2026

Enrol Loved Ones for Less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit [www.studentcare.ca](http://www.studentcare.ca) for instructions.

<p>\$538.71 Add one dependant for full-year coverage*</p>	<p>\$1,077.41 Add unlimited dependants for full-year coverage*</p>
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\* Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2026 (for new Winter Term students) and from May 1 – Aug. 31, 2026 (for new Summer Term students) are available online.