

Exclusive Savings from Studentcare Network Partners*

Your Plan Coverage

You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.

Studentcare Networks

By consulting a Network member, you'll get additional coverage.

80%

+ 20%

Total coverage: 100%

Save More with Network Members**

Rexall

25% off regular priced Rexall corporate brands when you link your Be Well™ account with Rexall's Preferred Perks Program

Only in British Columbia, Manitoba, Ontario & Saskatchewan:

up to 100% on your out-of-pocket prescription drug costs (max \$40)

Specsavers

\$70 eye exams including OCT Scan

10% off contact lenses

Select range of eyeglass models from only \$69

LASIK MD VISION

\$75 off select prescription eyeglass models

\$70 eye exams

LASIK MD VISION

\$550 off on custom LASIK

Free, no-obligation consultation

Lowest price guarantee

Only in Alberta:

Independent Vision Specialists

30% off prescription eyeglasses, up to \$75

Discounts on eye exams and contact lenses

PSYVITALITY

Preferred rates on 50-minute adult therapy or coaching sessions

and more! Dentists, physiotherapists, and chiropractors

* Studentcare and the insurers do not endorse or assume any responsibility with respect to the use of their services.
** Certain conditions apply.

An Essential Service for Students

As an eligible student, you're automatically covered by an important new service on campus: the CityU Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs.

All City University students enrolled in at least one credit in an academic program are eligible, including:

- Undergraduate and graduate students
- International students
- Full-time and part-time students
- Internship students on practicum
- Capstone program students
- Sponsored students
- Virtual students (as long as they reside in Canada)

Please note that students in non-degree programs aren't eligible.

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees. See www.studentcare.ca for more details.

Group Numbers

Health, vision, and dental:
CUC (insured by GreenShield)

Travel: 97180
(Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Trip Cancellation and Trip Interruption/Trip Delay benefits are underwritten by Canadian Premier General Insurance Company. All other benefits are underwritten by Canadian Premier Life Insurance Company.)

Submit Claims Quickly and Easily

Claim through GreenShield's online portal at app.greenshieldplus.ca or the **GreenShield+ mobile app**.

Questions about claims:
1-888-525-7587

Submit claims using your Member ID: your **Group Number (CUC)** + your **Student ID Number** + 00 (e.g. CUC12345678900).

NOTE: This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit www.studentcare.ca to learn about all the applicable conditions and exclusions.

OUR ENVIRONMENTAL COMMITMENT ON PAPER
This paper which contains Sustana's 100% sustainable recycled fiber is processed chlorine free. It is designated Ancient Forest Friendly™ and FSC® certified. Bringing paper products full circle with sustainable innovation.

CITY-UBRO/09-24

Studentcare is becoming

ALUMO

2025–2026

CityU Health & Dental Plan

Insuring today.
Ensuring tomorrow.

Group Numbers

Health, vision, and dental: CUC
(GreenShield)

Travel: 97180
(Securian Canada)

For complete details on coverage, eligibility, and group numbers, visit www.studentcare.ca.

CityUniversity
in Canada

Health Plan

Health
Over \$10,000

- Prescription drugs
- Vaccinations
- Psychologists
- Physiotherapists
- Chiropractors
- Ambulance
- and more!

Vision
Over \$200

- Eye exam
- Eyeglasses, contact lenses
- Laser eye surgery

Travel Plan

Care Abroad
Up to \$5,000,000

120 days per trip, up to \$5,000,000 per lifetime, trip cancellation and trip interruption in the event of a medical emergency

Scan for a summary of benefits



Plus: More Services Designed to Support Students

Mental Health & Wellness


 **Empower Me**
Powered by **Dialogue**

A student assistance program providing mental health and wellness services 24/7

 **Conversation**
Powered by **Dialogue**

Fast access to mental health professionals with no out-of-pocket cost, offering consultations until remission

Virtual Health Care

 **HI**
Powered by **Dialogue**

Virtual health care that connects you with nurses and physicians from anywhere in Canada

For eligibility details, see www.studentcare.ca.

Dental Plan

Dental
Up to \$700

Diagnostic & Preventive Services
→ Recall exams
→ Cleanings

*Note that total coverage can't exceed 100%.

Basic Services
→ Fillings
→ Denture repairs
→ Relining
→ Rebasing
→ Endodontics (root canals)
→ Periodontics (gum treatments)

Major Restorative
→ Crowns
→ Bridges
→ Posts

In Alberta, the Dental Network offers savings of 30% for extraction of impacted teeth, basic services, oral surgery, and major restorative.

● Insured Portion ● Studentcare Dental Network Savings ○ Portion Not Covered

- Checkups
- Cleanings
- Root canals
- Fillings
- Extractions and more!

Extraction of Impacted Teeth

Total coverage: 100%*

Basic Services
→ Oral surgery

Total coverage: Up to 70%

Price

Health & Dental Plan Combined Annual Fee (October–September) \$360

| | |
|----------------------|----------------------------------|
| Winter 2026 \$270 | Combined Fee (January–September) |
| Spring 2026 \$180 | Combined Fee (April–September) |
| Summer 2026 \$90 | Combined Fee (July–September) |

Change-of-Coverage Periods

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|---|--|
| Fall Quarter: Oct. 1 - 22, 2025 | If you're automatically covered, the Plan fee is included in your tuition and other fees. During the applicable period, you can enrol your family or opt out of the Plan if you have proof of other coverage. Some students may also be eligible to enrol themselves in the Plan. See www.studentcare.ca for instructions. |
| Winter Quarter (new students only): Jan. 1 - 22, 2026 | |
| Spring Quarter (new students only): Apr. 1 - 22, 2026 | |
| Summer Quarter (new students only): July 1 - 22, 2026 | |

Enrol Loved Ones for Less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit www.studentcare.ca for instructions.

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|---|--|
|  \$360 Add one dependant for full-year coverage* |  \$720 Add unlimited dependants for full-year coverage* |
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* Family enrolment fees for other coverage periods (for students who become eligible for the Plan in January, April, or July) are available online.