### Exclusive Savings from Studentcare Network Partners\*

Your Plan Coverage



Studentcare Networks

You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.

By consulting a Network member, you'll get additional coverage.

80%

+ 20%

Total coverage: 100%

#### Save More with Network Members\*\*

#### @Rexall

25% off regular priced Rexall corporate brands when you link your Be Well™ account with Rexall's Preferred Perks Program

Only in British Columbia, Manitoba, Ontario & Saskatchewan:

up to 100% on your out-of-pocket prescription drug costs (max \$40)

Only in Vancouver, British Columbia: Vancouver Studentcare Vision Network

\$75 off select prescription eyeglass models

\$70 eve exams

#### Only in Alberta:

Independent Vision Specialists

30% off prescription eyeglasses, up to \$75

Discounts on eye exams and contact lenses



\$70 eye exams including OCT Scan

10% off contact lenses

Select range of eyeglass models from only \$69



\$550 off on custom LASIK

Free, no-obligation consultation

Lowest price guarantee

### \* PSYVITALITÏ

Preferred rates on 50-minute adult therapy or coaching sessions

Dentists, physiotherapists, and chiropractors

#### \* Studentcare and the insurers do not endorse or assume any responsibility with respect to the use of their services.

"Certain conditions apply

### An Essential Service for Students

As an eligible student, you're automatically covered by an important new service on campus: the CityU Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs.

All City University students enrolled in at least one credit in an academic program are eligible, including:

- Undergraduate and graduate students
- International students
- Full-time and part-time students Internship students on practicum
- Capstone program students
- Sponsored students
- Virtual students (as long as they reside in Canada)

Please note that students in non-degree programs aren't eligible.

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees. See www.studentcare.ca for more details.

### **Group Numbers**

Health, vision, and dental: CUC (insured by GreenShield)

Travel: 97180

(Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Trip Cancellation and Trip Interruption/Trip Delay benefits are underwritten by Canadian Premier General Insurance Company. All other benefits are underwritten by Canadian Premier Life Insurance Company.)

### **Submit Claims** Quickly and Easily

Claim through GreenShield's online portal at app.greenshieldplus.ca or the GreenShield+ mobile app.

Submit claims using vour Member ID: your Group Number (CUC) + your Student ID Number + 00 (e.g. CUC12345678900).

Ouestions about claims: 1-888-525-7587

NOTE: This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit www.studentcare.ca to learn about all the applicable conditions and exclusions.



OUR ENVIRONMENTAL COMMITMENT ON PAPER

sustainable recycled fiber is processed chlorine free. It is designated Ancient Forest Friendly™ and FSC® certified. Bringing paper products full circle

Studentcare is becoming

## **ALUMO**

2025-2026

## CityU Health & Dental Plan

Insuring today. Ensuring tomorrow.

#### **Group Numbers**

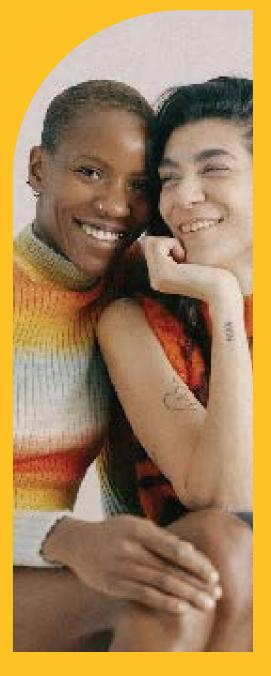
Health, vision, and dental: CUC (GreenShield)

Travel: 97180 (Securian Canada)



For complete details on coverage, eligibility, and group numbers, visit www.studentcare.ca.

## **CityUniversity**



#### Health Plan

### Health Over \$10,000

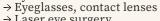


- → Prescription drugs
- → Vaccinations
- → Psychologists
- → Physiotherapists
- → Chiropractors
- → Ambulance → and more!

#### Vision Over \$200



- → Laser eye surgery



### Travel Plan

### Care Abroad Up to \$5,000,000



120 days per trip, up to \$5,000,000 per lifetime, trip cancellation and trip interruption in the event of a medical emergency





### Plus: More Services Designed to **Support Students**

#### Mental Health & Wellness



#### **Empower Me** Powered by **Dialogue**

A student assistance program providing mental health and wellness services 24/7



remission

#### Conversation Powered by Dialogue

Fast access to mental health professionals with no out-of-pocket cost, offering consultations until

#### Virtual Health Care



Powered by Dialogue

Virtual health care that connects you with nurses and physicians from anywhere in Canada

For eligibility details, see www.studentcare.ca

#### Dental Plan

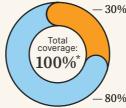
### Dental Up to \$700



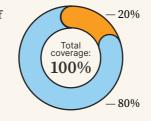
- → Checkups → Cleanings
- → Fillings
- → Root canals
- → Extractions → and more!

#### Diagnostic & Preventive Services

- → Recall exams → Cleanings
- \*Note that total coverage can't exceed 100%.



#### Extraction of **Impacted** Teeth



→ Fillings → Denture repairs

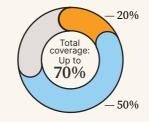
Services

Basic

- → Relining
- → Rebasing → Endodontics (root canals)
- → Periodontics (gum treatments)

# coverage: 90%

#### Basic Services $\rightarrow$ Oral surgery



#### Major Restorative

- $\rightarrow$  Crowns
- → Bridges → Posts



In Alberta, the Dental Network offers savings of 30% for extraction of impacted teeth, basic services, oral surgery, and major restorative.

Insured Portion Studentcare Dental Network Savings Portion Not Covered



#### Price

Health & Dental Plan Combined Annual Fee (October-September) \$360



Combined (January-September)

Spring 2026 \$180

\$270

Combined (April-September)

Summer 2026 \$90

Winter 2026

Combined Fee (July-September)

## Change-of-Coverage Periods

Fall Quarter: Oct. 1 - 22, 2025

Winter Quarter (new students only): Jan. 1 - 22, 2026

Spring Quarter (new students only): Apr. 1 - 22, 2026

Summer Quarter (new students only): July 1 - 22, 2026

If you're automatically covered, the Plan fee is included in your tuition and other fees. During the applicable period, you can enrol your family or opt out of the Plan if you have proof of other coverage.

Some students may also be eligible to enrol themselves in the Plan. See www.studentcare.ca for instructions.

#### Enrol Loved Ones for Less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit www.studentcare.ca for instructions.



\$360

Add one dependant for full-year coverage\*



Add unlimited dependants for full-year coverage\*

\* Family enrolment fees for other coverage periods (for students who become eligible for the Plan in January, April, or July) are available online.