

Exclusive Savings from Studentcare Network Partners*

Your Plan Coverage

You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.

Studentcare Networks

By consulting a Network member, you'll get additional coverage.

Example of a claim made using a Studentcare Dental Network practitioner.



Save More with Network Members



up to 100% | **25% off**
 on your out-of-pocket prescription drug costs (max \$40) | regular priced Rexall corporate brands when you link your Be Well™ account with Rexall's Preferred Perks Program*



20% off
 contact lenses

Independent Vision Specialists

30% off | Discounts on eye exams and contact lenses
 prescription eyeglasses, up to \$75



\$550 off
 on custom LASIK

Free, no-obligation consultation
 Lowest price guarantee



Preferred rates on 50-minute adult therapy or coaching sessions

and more!

Dentists, physiotherapists, massage therapists, chiropractors, naturopaths, and gender-affirming care practitioners

* Studentcare and the insurers do not endorse or assume any responsibility with respect to the use of their services.

** Certain conditions apply.

An Essential Service for Students

As an eligible student, you're automatically covered by one of the most important services on campus: the CSI Health & Dental Plan. It covers many benefits not provided by provincial health-care programs.

Full-time Fall, Winter, and Spring semester domestic and international students are eligible.

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees.

See www.studentcare.ca for more details.

Group Numbers

Health, vision, and dental: CSS
Travel: 97180

(Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Trip Cancellation and Trip Interruption/Trip Delay benefits are underwritten by Canadian Premier General Insurance Company. All other benefits are underwritten by Canadian Premier Life Insurance Company.)

Gender Affirmation Care: GAM
 (Medical coverage insured by GreenShield)

Submit Claims Quickly and Easily

Register to submit claims online by downloading the **Securian Canada Student Health Portal mobile app** or by visiting students-healthportal.securiancanada.ca



Download the Securian Canada mobile app.

NOTE: This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit www.studentcare.ca to learn about all the applicable conditions and exclusions.



OUR ENVIRONMENTAL COMMITMENT ON PAPER

This paper which contains Sustana's 100% sustainable recycled fiber is processed chlorine free. It is designated Ancient Forest Friendly™ and FSC® certified. Bringing paper products full circle with sustainable innovation.

Studentcare is becoming

ALUMO



2025–2026

CSI Health & Dental Plan

Insuring today.
 Ensuring tomorrow.

Group Numbers

Health, vision, and dental: CSS
Travel: 97180
 (Securian Canada)

Gender Affirmation Care: GAM
 (GreenShield)



For complete details on coverage, eligibility, and group numbers, visit www.studentcare.ca.

Health Plan

Health Over \$10,000



- Prescription drugs
- Vaccinations
- Ambulance
- Chiropractors
- Psychologists
- Physiotherapists
- and more!

Vision Over \$200



- Eye exam
- Eyeglasses and contact lenses

Travel Plan

Care Abroad Up to \$5,000,000



120 days per trip, up to \$5,000,000 per lifetime, trip cancellation and trip interruption in the event of a medical emergency

Scan for a
summary of
benefits



Dental Plan

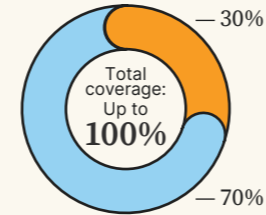
Dental Up to \$750



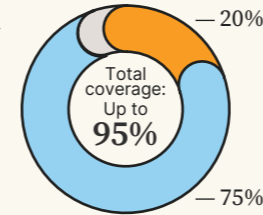
- Checkups
- Root canals
- Fillings
- and more!
- Cleanings

Preventive Services

- Recall exams
- Cleanings
- Scaling

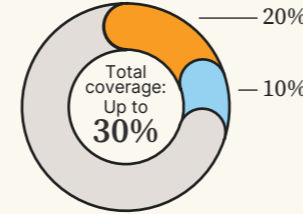


Fillings and Impacted Wisdom Tooth Extractions

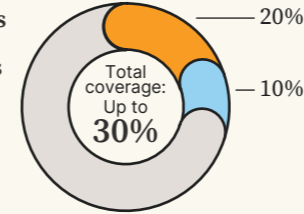


Major Restorative

- Crowns
- Bridges
- Dentures



Endodontics and Periodontics



● Insured Portion ● Studentcare Dental Network Savings ● Portion Not Covered

How much does it cost?

The cost of the Plan and the additional services is part of your student association-administered fees. You're responsible for verifying if you're automatically covered by the Plan and if you have access to the Program by checking your tuition statement.

Please note that different categories of students are billed differently.

Visit www.studentcare.ca for more information on fees.

Change-of-Coverage Periods

Fall semester:
Sept. 2 - 30, 2025

If you're eligible, the fees for **the Plan and the Legal Care Program (The Essentials)** are automatically included in your tuition and other fees.

Winter semester
(new students only):
Jan. 5 - 30, 2026

During the applicable period above, you can opt out of these services (you must have proof of other coverage to opt out of the Plan) or enrol your family in the Plan. Some students may also be eligible to enrol themselves in the Plan. See www.studentcare.ca for instructions.

Spring semester
(new students only):
May 11 - 29, 2026

Plus: More Services Designed to Support Students

2SLGBTQIA+ Support



Gender Affirmation Care
Coverage for gender-affirming medical care and legal assistance for students on their gender affirmation journeys

Mental Health & Wellness



Empower Me
Powered by Dialogue

A student assistance program providing mental health and wellness services 24/7

Virtual Health Care



HI
Powered by Dialogue

Virtual health care that connects you with nurses and physicians from anywhere in Canada

Legal Care Program



The Essentials

A consultation service for all your legal questions, and legal representation for disputes related to housing, employment, academic rights, and more

Annual Fee: \$30.00
Winter 2026 Fee: \$20.10
Spring 2026 Fee: \$20.10

For eligibility details, see www.studentcare.ca.

Enrol Loved Ones for Less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit www.studentcare.ca for instructions.



Add one dependant for full-year coverage*



Add unlimited dependants for full-year coverage*

*Eligibility details, coverage periods, and couple and family enrolment fees are available online.