

Exclusive Savings from Studentcare Network Partners*

Your Plan Coverage

You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.

Studentcare Networks

By consulting a Network member, you'll get additional coverage.

Total Coverage:

50%

+30%

80%

Save More with Network Members**

greiche & scaff

\$150 off
eyeglasses

10% off
contact lenses

Studentcare Montreal Vision Network

\$80
eye exams

\$75 off
prescription eyeglasses (frames and lenses)

LASIK MD
VISION

\$550 off
on custom LASIK

Free, no-obligation consultation

Lowest price guarantee

PSYMONTRÉAL

\$30 discount

on a regular 50-minute adult therapy or coaching session

and more!
Dentists, physiotherapists, chiropractors, and gender-affirming care practitioners

* Studentcare and the insurers do not endorse or assume any responsibility with respect to the use of their services.
** Certain conditions apply.

An Essential Service for Students

As a graduate student at Concordia University who is paying GSA association fees and tuition fees at either the Canadian or Quebec rates, and who has an active registration with Concordia in the Fall or Winter Term (this includes CIPs), you have access to one of the most important services on campus: the GSA Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs, like vision care, dental care, and travel care abroad. All international students are eligible to enrol in the Dental Plan; those covered by provincial medicare may be eligible for the Health Plan as well. Visit www.studentcare.ca for more details on eligibility.

We invite you to verify if you're already covered by another plan (through an employer, parent, or spouse). If so, the student Plan can still be of interest to you, as you can be reimbursed the remaining eligible fees (partially or fully) through your secondary plan.



Securian Canada
1400-25 Sheppard Avenue West
Toronto, Ontario M2N 6S6
1-888-852-2419 or 1-514-904-4730
for travel claims
Group Number:
Health, vision, and dental: CUG
Travel: 97180
Accidental Death & Dismemberment: 140012

Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Trip Cancellation and Trip Interruption/Trip Delay benefits are underwritten by Canadian Premier General Insurance Company. All other benefits are underwritten by Canadian Premier Life Insurance Company.

To determine if these products are right for you, for more details, or to contact a licensed insurance representative, visit www.studentcare.ca. Please note that Empower Me and the legal component of Gender Affirmation Care are not insurance products.



GreenShield
8677, Anchor Drive
C. P. 1606
Windsor (Ontario) N9A 6W1
1-888-525-7587
Gender Affirmation Care is insured by GreenShield.
Group Number (Gender Affirmation Care): GCK

Submit Claims Quickly and Easily

Register to submit claims online by downloading the **Securian Canada Student Health Portal mobile app** or by visiting students-healthportal.securiancanada.ca



Download the **Securian Canada** mobile app.

NOTE: This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit www.studentcare.ca to learn about all the applicable conditions and exclusions.



OUR ENVIRONMENTAL COMMITMENT ON PAPER

This paper which contains Sustana's 100% sustainable recycled fiber is processed chlorine free. Bringing paper products full circle with sustainable innovation.

GSA_CONCORDIA_LEMBRO/05-25

Studentcare is becoming

ALUMO



2025–2026

GSA Health & Dental Plan

Insuring today.
Ensuring tomorrow.

Group Numbers

Health, vision, and dental: CUG
Travel: 97180
Accidental Death & Dismemberment: 140012
(Securian Canada)

Gender Affirmation Care:
GCK (GreenShield)



For complete details on coverage, eligibility, and group numbers, visit www.studentcare.ca.



Health Plan

Health
Over \$10,000



- Psychologists
- Vaccinations
- Physiotherapists
- Chiropractors
- Ambulance
- and more!

Vision
Over \$150



- Eye exam
- Eyeglasses and contact lenses

Travel Plan

Care Abroad
Up to \$5,000,000



120 days per trip, up to \$5,000,000 per lifetime, trip cancellation and trip interruption in the event of a medical emergency

Scan for a summary of benefits

Plus: More Services Designed to Support Students

2SLGBTQIA+ Support

New

Gender Affirmation Care

Coverage for gender-affirming medical care and legal assistance for students on their gender affirmation journeys

For eligibility details, see www.studentcare.ca.

Mental Health & Wellness

New

Empower Me

Powered by Dialogue

A student assistance program providing mental health and wellness services 24/7

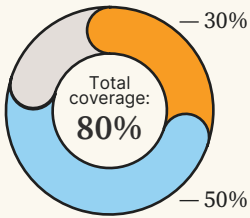
Dental Plan

Dental
Up to \$500

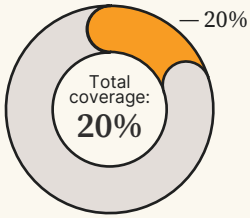


- Checkups
 - Cleanings
 - Fillings
- Extractions
 - and more!

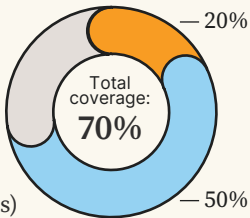
Preventive Services
→ Recall exams
→ Cleanings



Major Restorative
→ Crowns
→ Bridges



Basic Services and Periodontics
→ Fillings
→ Oral surgery
→ Extractions
→ Periodontics (gum treatments)



Insured Portion Studentcare Dental Network Savings Portion Not Covered

Get your Studentcare ID and password (PIN) here

To access your Plan's benefits and services, change your coverage (e.g. opt out of the Plan or enrol dependants), or submit claims to the insurer, you'll need your Studentcare ID and password (PIN).



Scan the QR code to get them now.

Price

Health & Dental Plan
Combined Annual Fee*
\$579.26

Health Plan
Annual Fee
\$397.20



Dental Plan
Annual Fee
\$182.06



Visit www.studentcare.ca for self-enrolment fees.

*This is an annual Plan. Students will therefore be covered for one year. If you begin your studies in the winter, you may make an opt-out or change-of-coverage request in the Winter Term.

Fall 2025 \$193.09	Combined Fee (September-December)	Winter 2026 \$386.17	Combined Fee (January-August)
Health Plan: \$132.40 Dental Plan: \$60.69		Health Plan: \$264.80 Dental Plan: \$121.37	

Change-of-Coverage & Opt-Out Periods

Fall Term:
Sept. 4 - Oct. 3, 2025

The Plan is a **non-mandatory automatic** contribution.

Winter Term (new students only):
Jan. 21 - Feb. 19, 2026

All opt outs or coverage changes can be completed online at www.studentcare.ca. You can request an annual or permanent opt out.

Enrol Loved Ones for Less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit www.studentcare.ca for family enrolment fees and instructions.

Add one dependant for full-year coverage*	Add unlimited dependants for full-year coverage*
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* Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2026 for new Winter Term students are available at www.studentcare.ca.