

Exclusive Savings from Studentcare Network Partners

- Your Plan Coverage**

You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.
- Studentcare Networks**

By consulting a Network member, you'll get additional coverage.

Example of a claim made using a Studentcare Dental Network practitioner:



Save More with Network Members

Rexall

25% off regular priced Rexall corporate brands when you link your Be Well™ account with Rexall's Preferred Perks Program*

ONLY IN BRITISH COLUMBIA, MANITOBA, ONTARIO & SASKATCHEWAN:

Coverage of up to 100%* on your out-of-pocket prescription drug costs (max \$40)

*Certain conditions apply.

ONLY IN VANCOUVER, BRITISH COLUMBIA:

Vancouver Studentcare Vision Network

\$75 off select prescription eyeglass models

\$70 eye exams

LASIK MD VISION

\$400 off Custom LASIK* (\$200 off per eye)

\$100 off Standard LASIK* (\$50 off per eye)

*Certain conditions apply.

Specsavers

10% off contact lenses

\$70 eye exams (in BC)

\$99 eye exams (in AB/ON/MB) including OCT Scan

Select range of eyeglass models from only \$69

Certain conditions apply.

ONLY IN ALBERTA:

Independent Vision Specialists

30% off prescription eyeglasses, up to \$75

Discounts on eye exams and contact lenses

PSYVITALITI

Preferred rates on 50-minute adult therapy or coaching sessions

and more! Dentists, physiotherapists, and chiropractors

An Essential Service for Students

As an eligible student, you're automatically covered by an important new service on campus: the CityU Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs.

- All City University students enrolled in at least one credit in an academic program are eligible, including:
- Undergraduate and graduate students
 - International students
 - Full-time and part-time students
 - Internship students on practicum
 - Capstone program students
 - Sponsored students
 - Virtual students (as long as they reside in Canada)

Please note that students in non-degree programs aren't eligible.

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees. See www.studentcare.ca for more details.

Group Numbers

- Health, vision, and dental: CUC**
(insured by GreenShield)

Travel: 97180
(Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Trip Cancellation and Trip Interruption/Trip Delay benefits are underwritten by Canadian Premier General Insurance Company. All other benefits are underwritten by Canadian Premier Life Insurance Company.)

Questions? Contact Us

Scan for Plan details

Submit claims quickly and easily

Claim through GreenShield's online portal at app.greenshieldplus.ca or the **GreenShield+** mobile app.

Submit claims using your Member ID: **your Group Number (CUC) + your Student ID Number + 00** (e.g. CUC12345678900).

Questions about claims: 1-888-525-7587

FSC www.fsc.org FSC® C000608

OUR ENVIRONMENTAL COMMITMENT ON PAPER

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2024-2025



Your CityU Student Health & Dental Plan

- Group Numbers**

Health, vision, and dental: CUC
(GreenShield)

Travel: 97180
(Securian Canada)



Make the most out of it

Providing Quality Coverage

Health Plan

Health
Over \$10,000

Prescription drugs
Vaccinations
Psychologists
Physiotherapists

Chiropractors
Ambulance
and more!

Vision
Over \$200

Eye exams
Eyeglasses and contact lenses
Laser eye surgery

Travel Plan

Care Abroad
Up to \$5,000,000

120 days per trip, up to \$5,000,000 per lifetime, trip cancellation and trip interruption in the event of a medical emergency

Scan for a
summary of
benefits



Plus: more services designed to support students

Mental Health & Wellness

Empower Me

Powered by Dialogue

A student assistance program providing mental health and wellness services 24/7

Conversation

Powered by Dialogue

Fast access to mental health professionals with no out-of-pocket cost, offering consultations until remission

Virtual Health Care

HI

New!

Powered by Dialogue

Virtual health care that connects you with nurses and physicians from anywhere in Canada

For eligibility details, see www.studentcare.ca.

Dental Plan

Dental
Up to \$700

Checkups
Root canals

Cleanings
Extractions

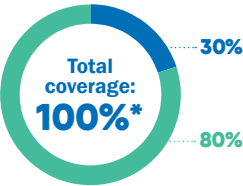
Fillings
and more!

Insured Portion

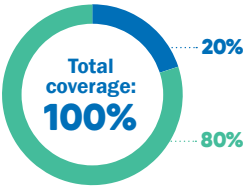
Studentcare Dental Network Savings

Diagnostic and Preventive Services

- Recall exams
- Cleanings

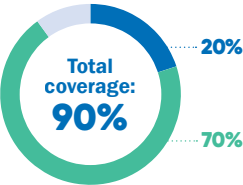


Extraction of Impacted Teeth

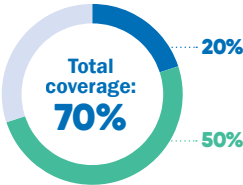


Basic Services

- Fillings
- Denture repairs
- Relining
- Rebasing
- Endodontics (root canals)
- Periodontics (gum treatments)

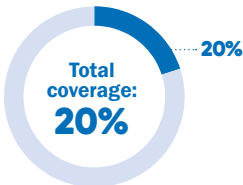


Oral Surgery



Major Restorative

- Crowns
- Bridges
- Posts



*Note that total coverage can't exceed 100%.

In Alberta, the Dental Network offers savings of 30% for extraction of impacted teeth, basic services, oral surgery, and major restorative.

At a Great Price

Check it out!

Health & Dental Plan Combined
Annual Fee
(October–September)
\$360

- Winter 2025 Fee
(January–September)
\$270
- Spring 2025 Fee
(April–September)
\$180
- Summer 2025 Fee
(July–September)
\$90

Change-of-Coverage Periods

- Fall Quarter:
Oct. 1 – 22, 2024

Winter Quarter
(new students only):
Jan. 1 – Feb. 7, 2025
- Spring Quarter
(new students only):
Apr. 1 – 22, 2025

Summer Quarter
(new students only):
July 1 – 22, 2025

If you're automatically covered, the Plan fee is included in your tuition and other fees.

During the applicable period above, you can opt out of the Plan if you have proof of other coverage or enrol your family. Some students may also be eligible to enrol themselves in the Plan. See www.studentcare.ca for instructions.

Introduce Me to Your Family

Enrol loved ones for less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit www.studentcare.ca for instructions.

- Add one dependant for
\$360
for full-year coverage*
- Add unlimited dependants for
\$720
for full-year coverage*

*Family enrolment fees for other coverage periods (for students who become eligible for the Plan in January, April, or July) are available online.