

# Exclusive Savings from Studentcare Network Partners\*

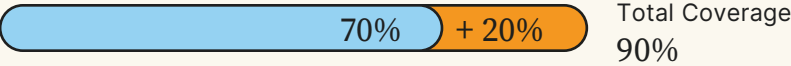
## Your Plan Coverage

You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.

## Studentcare Networks

By consulting a Network member, you'll get additional coverage.

Example of a claim made using a Studentcare Dental Network practitioner:



# Save More with Network Members\*\*

up to 100% on your out-of-pocket prescription drug costs (max \$40)

25% off regular priced Rexall corporate brands when you link your Be Well™ account with Rexall's Preferred Perks Program\*

50-minute virtual therapy sessions for no more than \$130

Discounts on custom LASIK

Free, no-obligation consultation

Lowest price guarantee

**and more!**  
Dentists, physiotherapists, massage therapists, chiropractors, and gender affirming care practitioners

\* Studentcare and the insurers do not endorse or assume any responsibility with respect to the use of their services.  
\*\* Certain conditions apply.

# An Essential Service for Students

As an eligible student, you're automatically covered by one of the most important services on campus, the UWSA Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs.

Eligible students include:

- Domestic full-time and part-time undergraduate students in the Fall, Winter, or Spring Term
- International students (including full-time, part-time, and graduate international students)

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees. See [www.studentcare.ca](http://www.studentcare.ca) for more details.

# Group Numbers

**Health, vision, and dental: 7654**  
(Carrier: Manitoba Blue Cross)

**Gender Affirmation Care: GCR**  
(GreenShield)

**Travel: 97180**  
(Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Trip Cancellation and Trip Interruption/Trip Delay benefits are underwritten by Canadian Premier General Insurance Company. All other benefits are underwritten by Canadian Premier Life Insurance Company.)

# Submit Claims Quickly and Easily

Register to submit claims online through Manitoba Blue Cross's mybluecross® web portal or mobile app. See [www.mb.bluecross.ca](http://www.mb.bluecross.ca) and download the app from the App Store or Google Play.

Note: To use the app, you must register on the web portal first.



**NOTE:** This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit [www.studentcare.ca](http://www.studentcare.ca) to learn about all the applicable conditions and exclusions.



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This paper which contains Sustana's 100% sustainable recycled fiber is processed chlorine free. Bringing paper products full circle with sustainable innovation.

Studentcare is becoming

**ALUMO**



2025–2026

# UWSA Health & Dental Plan

Insuring today.  
Ensuring tomorrow.

## Insurers & Group Numbers

**Health, vision, and dental: 7654** (Manitoba Blue Cross)

**Travel: 97180** (Securian Canada)

**Gender Affirmation Care: GCR** (GreenShield)



For complete details on coverage, eligibility, and client/group numbers, visit [www.studentcare.ca](http://www.studentcare.ca).



Health Plan

Health  
Over \$10,000



- Prescription drugs
- Chiropractors
- Vaccinations
- Ambulance
- Psychologists
- Physiotherapists
- and more!

Vision  
Over \$200



- Eye exam
- Eyeglasses and contact lenses

Plus: more services designed to support students

Mental Health & Wellness

**Empower Me**  
Powered by **Dialogue**

A student assistance program providing mental health and wellness services 24/7

Virtual Health Care

**HI**  
Powered by **Dialogue**

Virtual health care that connects you with nurses and physicians from anywhere in Canada

2SLGBTQIA+ Support



**Gender Affirmation Care**

Coverage for gender-affirming medical care and legal assistance for students on their gender affirmation journeys

For eligibility details, see [www.studentcare.ca](http://www.studentcare.ca).

Travel Plan

Care Abroad  
Up to \$5,000,000



120 days per trip, up to \$5,000,000 per lifetime, trip cancellation and trip interruption in the event of a medical emergency

Scan for a summary of benefits



Dental Plan

Dental  
Up to \$500

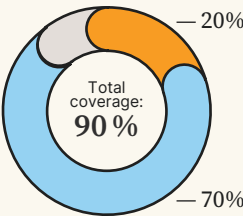


- Checkups
- Fillings
- Cleanings
- Root canals and more!

(maximum per policy year)

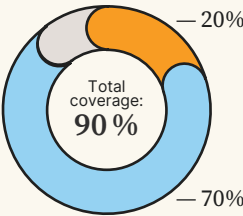
Basic Services

- Recall exams
- Polishings
- Fillings
- Extractions



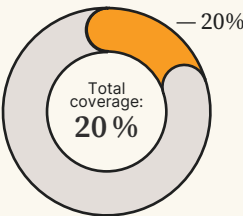
Comprehensive Basic Services

- Standard denture services
- Comprehensive oral surgery
- Endodontics (root canals)
- Periodontics (gum treatments)



Major Restorative

- Crowns
- Bridges
- Posts



Obtaining preauthorization is recommended for dental work expected to cost \$300 or more. See [www.studentcare.ca](http://www.studentcare.ca) for details.

Insured Portion   Studentcare Dental Network Savings   Portion Not Covered

Price

Health & Dental Plan  
Combined Annual Fee  
\$330



Coverage for Fall Term students (full year)  
**\$330**

Fall 2025 Fee (September-August)

Coverage for new Winter Term students  
**\$220**

Winter 2026 Fee (January-August)

Coverage for new Spring Term students  
**\$110**

Spring 2026 Fee (May-August)

Change-of-Coverage Periods

**Fall Term:**  
Aug. 6 - Sept. 15, 2025

**Winter Term** (new students only):  
Dec. 8, 2025 - Jan. 16, 2026

**Spring Term** (new students only):  
Apr. 7 - May 15, 2026

If you're automatically covered, the **Plan fee is included in your tuition and other fees**. During the applicable period, you can enrol your family or opt out of the Plan if you have proof of other coverage. Some students may also be eligible to enrol themselves in the Plan. See [www.studentcare.ca](http://www.studentcare.ca) for instructions.

Enrol Loved Ones for Less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit [www.studentcare.ca](http://www.studentcare.ca) for instructions.



**\$330**  
Add one dependant for full-year coverage\*



**\$390**  
Add unlimited dependants for full-year coverage\*

\* Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2026 (for new Winter Term students) and from May 1 – Aug. 31, 2026 (for new Spring Term students) are available online.