## All you need to know about coverage changes

#### What if I'm already covered?

#### Reasons to stick with your student Plan:

- Your parent's insurance plan could stop covering you completely if you're a student over 21.
- You can combine plans to maximize your overall coverage up to 100%.

#### When can I change my coverage?

Fall Term (enrolments and opt outs): Aug. 26 - Sept. 15, 2021\*

Winter Term (enrolments for new students only): Jan. 3 - 21, 2022

\*Early Bird! If you complete your opt out before Sept. 3, you can have the Plan fee credited to your student account before the tuition fee payment deadline.

#### Family enrolments (Health & Dental Plan)

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit www.studentcare.ca for instructions.



Add one dependant for **\$639.48** 

for full-year coverage\*



Add unlimited dependants for \$1.278.96 for full-year coverage\*

\*Family enrolment fees for coverage from Jan. 1 - Aug. 31, 2022 for new Winter Term students are available online.

### **Opting out**

- 1. Use the secure online opt-out processing system at www.studentcare.ca to opt out of the health portion, the dental portion, or the Plan in its entirety, and/or the Legal Protection Program.
- 2. If you're opting out of the Health and/or Dental Plan, upload proof of your alternative health and/or dental coverage (such as a copy of your benefits card or a letter from your parent's or spouse's employer). Provincial health care is not considered acceptable alternative coverage.
- 3. Receive a credit to your student account shortly after the Change-of-Coverage Period.

## The ease of claiming at your fingertips

Search Studentcare mobile on the App Store or Google Play, and use the app to:

- Submit your claims quickly and securely on your smartphone
- Access your Pay-Direct Card for immediate processing of prescription drug claims



Once you've had a claim processed, you can also register online on your insurer's website to check your claim's status and to set up direct deposit.

## Save more money!



**Your Plan Coverage** You're covered for the insured portion of your Plan regardless of the licensed health-care practitioner



**Studentcare Networks** By consulting a Network member, you'll get additional coverage.

Example of a claim made using a Studentcare Dental Network practitioner:

70%

coverage: 100%

Up to

#### **Exclusive savings from Network Partners**

### LASIK MD

#### \$50 off

per eye on Standard LASIK\*

you choose.

#### \$100 off

per eye on Custom LASIK\*

\*Certain conditions apply.

#### Independent vision specialists

**30%** off

prescription eyeglasses, up to \$75

Discounts on eye exams and contact lenses

### Rexall

10% off prescription drugs (max \$40)\*

20% off select regularly priced Rexall brand non-prescription products\*

WWW.STUDENTCARE.CA

**QUESTIONS?** 

## clearly

With coupon code STUDENT21:

#### 10% off

contact lenses

#### 25% off

eveglass frames (excluding certain brands)\*

## **PSY**VITALITI

Preferred rates on 50-minute adult therapy or coaching sessions

#### and more!

Dentists, physiotherapists, massage therapists, naturopaths, and chiropractors

#### **WELL-BEING RESOURCES: EMPOWER ME**

A confidential support service available 24/7 to eligible WLU graduate students.

Visit www.studentcare.ca for more info. 1-833-628-5589

wered by Optima Global Health





Graduate Students' Association Wilfrid Laurier University



2021-2022

## Your **GSA** Student Health & Dental Plan

#### **Enjoy it while it lasts**

#### **Group Numbers**

Health, vision, and dental: 50153 (Sun Life) Travel: 97180 (Blue Cross)



## All you need to know about your Plan

#### What is a Health & Dental Plan?

- Extended health and dental coverage that can help fill gaps in provincial health care and other basic health-care programs
- Service provided by your students' association, the GSA, and administered by Studentcare, the leading provider of student health and dental plans in Canada

#### Who's covered?

#### Students automatically covered by the GSA Health & Dental Plan:

Full-time and part-time graduate students in the Fall Term

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees.

Post-doctoral students, new Winter Term students, students on a recognized co-op term, and students on a recognized leave of absence may be eligible to enrol themselves in the Plan.

Please note: COVID-19 restrictions may impact Plan eligibility and billing procedures. See www.studentcare.ca for updates and further details.

#### How much does it cost?



If you're eligible, the Health & Dental Plan fee and the Legal Protection fee for coverage/access from Sept. 1 – Aug. 31 will be automatically included in your tuition and other fees. New students who enrol themselves in the Plan in the Winter Term pay a pro-rated fee for coverage until Aug. 31. Find more details online.



A toll-free legal assistance helpline for all legal questions: 1-833-202-4571

Plus, a lawyer will take charge of proceedings related to the following areas of law:







Employment

Academic

## Health & Dental Plan benefits



Health Over \$10,000

	Per Visit/ Purchase	Per Policy Year
Prescription Drugs There is an \$8 deductible per prescription/refill.	80%	\$3,000
Vaccinations There is an \$8 deductible per prescription/refill.	100%	\$150
Psychologist/Clinical Counsellor/ Master of Social Work/ Licensed Psychotherapist	60%	\$400
Massage Therapist Requires a referral from an MD	60%	\$400
Chiropractor Includes one x-ray per policy year	60%	\$400
Physiotherapist	60%	\$400
Naturopath	\$30	\$500
Osteopath Includes one x-ray per policy year	\$30	\$500
Speech Therapist	\$30	\$500
Podiatrist/Chiropodist Includes one x-ray per policy year	\$30	\$500
Acupuncturist	\$30	\$500

PLUS: Diagnostic services, home nurse, tutorial benefit, ambulance, dental accident, medical equipment, and more



	Amount Covered	Eligible Every
Eye Exam	\$50	2 policy years
Eyeglasses and Contact Lenses	\$75	24 months
Laser Eye Surgery	\$150	1 policy year

Visit www.studentcare.ca for complete details.

#### What are my Group Numbers?

Health, vision, and dental: 50153 (insured by Sun Life Assurance Company of Canada, a member of the Sun Life group of companies)

Travel: 97180 (administered by Blue Cross Life Insurance Company of Canada)

Check online for updates related to COVID-19.



# **Dental**

Insured portion

Studentcare Dental Network savings

#### **Preventive Services**

- Recall exams
- Cleanings
- Impacted wisdom teeth extractions



**Total** 

coverage:

Up to

90%

20%

70%

#### **Basic Services**

- Fillings
- Oral surgery
- Endodontics (root canals)
- Periodontics (gum treatments)
- Scaling



- Crowns
- Bridges
- Posts



# Up to \$5,000,000

	Amount Covered	Eligible
Care Abroad Includes coverage for the duration of a student exchange/internship	<b>120</b> days	per trip
Medical Incident In case of a medical emergency Includes eligible COVID-19 medical expenses	\$5,000,000	per lifetime
Trip Cancellation Pre-paid, non-refundable trip expenses in case of a medical emergency or an eligible Travel Advisory	\$3,000	per trip
Trip Interruption In case of a medical emergency or an eligible Travel Advisory	\$7,500	per trip

**QUESTIONS? WWW.STUDENTCARE.CA** 



Housing \* Available to full-time and part-time graduate students in the Fall Term. The Legal Protection Program is offered by Studentcare through a partner law firm.