

All you need to know about coverage changes

What if I'm already covered?

Reasons to stick with your student Plan:

- Your parent's insurance plan could stop covering you completely if you're a student over 21.
- You can combine plans to maximize your overall coverage—up to 100%.

When can I change my coverage?

Fall Term (enrolments and opt outs):
Sept. 1 – Oct. 1, 2021

Winter Term (enrolments for new students only):
Jan. 3 – 18, 2022

Family enrolments

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit www.studentcare.ca for instructions.

+1 Add one dependant for
\$274.60
for full-year coverage*

∞ Add unlimited dependants for
\$549.20
for full-year coverage*

*Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2022 for new Winter Term students are available online.

Opting out

1. Use the secure online opt-out processing system at www.studentcare.ca to opt out of the health portion, the dental portion, or the Plan in its entirety.
2. Upload proof of your alternative health and/or dental coverage (such as a copy of your benefits card or a letter from your parent's or spouse's employer). Provincial health care is not considered acceptable alternative coverage.
3. Receive a credit to your student account shortly after the Change-of-Coverage Period.

The ease of claiming at your fingertips

Search **Studentcare mobile** on the **App Store** or **Google Play**, and use the app to:

- Submit your claims quickly and securely on your smartphone
- Access your Pay-Direct Card for immediate processing of prescription drug claims



Once you've had a claim processed, you can also register online on your insurer's website to check your claim's status and to set up direct deposit.

Save more money!

- **Your Plan Coverage**
You're covered for the insured portion of your Plan regardless of the licensed health-care practitioner you choose.
- **Studentcare Networks**
By consulting a Network member, you'll get additional coverage.

Example of a claim made using a Studentcare Dental Network practitioner:



Exclusive savings from Network Partners



\$50 off
per eye on Standard LASIK*

\$100 off
per eye on Custom LASIK*

*Certain conditions apply.



With coupon code **STUDENT21**:

10% off
contact lenses

25% off
eyeglass frames
(excluding certain brands)*

*Certain conditions apply.

and more!

Dentists, physiotherapists,
and massage therapists

Independent vision specialists

30% off
prescription eyeglasses,
up to \$75

Discounts on contact lenses



Savings of up to 50% (max \$40)
on your out-of-pocket costs*

20% off select regularly priced Rexall
brand non-prescription products*

*Certain conditions apply.

WELL-BEING RESOURCES: EMPOWER ME

A confidential support service
available 24/7 to eligible USSU
members.

Visit www.studentcare.ca
for more info. **1-833-628-5589**

Powered by Optima Global Health

Care Office

Main Level, Rm. 121
Place Riel Student Centre
1 Campus Drive
Saskatoon, SK S7N 5A3
Check online to confirm opening hours.

QUESTIONS?
WWW.STUDENTCARE.CA



2021-2022

Your USSU Student Health & Dental Plan

Make the most out of it

Group Numbers

Health, vision, and dental: **22258** (Sun Life)
Travel: **97180** (Blue Cross)

All you need to know about your Plan

What is a Health & Dental Plan?

- Extended health and dental coverage that can help fill gaps in provincial health care and other basic health-care programs
- Service provided by your students' union, the USSU, and administered by Studentcare, the leading provider of student health and dental plans in Canada

Who's covered?

Students automatically covered by the USSU Health & Dental Plan:

Undergraduate students registered for 9 or more on-campus or remote credits in the Fall Term who are USSU members

This includes:

- St. Thomas More College students
- Students enrolled in pre-professional programs
- Eligible international students
- Sponsored students
- Inbound exchange students

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees.

Some students may be eligible to enrol themselves in the Plan.

Find out more at www.studentcare.ca.

How much does it cost?



If you're eligible, the Plan fee for coverage from Sept. 1 – Aug. 31 will be automatically included in your tuition and other fees. New students who enrol themselves in the Winter Term pay a pro-rated fee for coverage until Aug. 31. Find more details online.

What are my Group Numbers?

AD&D, Health, Vision, and Dental: **22258** (insured by Sun Life Assurance Company of Canada, a member of the Sun Life group of companies)

Travel: **97180** (administered by Blue Cross Life Insurance Company of Canada)

Health & Dental Plan benefits

Health Over \$10,000

	Per Visit/ Purchase	Per Policy Year
Prescription Drugs Covers Aldara at 80%, up to \$200 per policy year	80%	∞
Vaccinations	100%	\$150
Psychologist	80%	\$750
Massage Therapist Requires a referral from an MD/Registered Nurse	\$40	\$500
Chiropractor Includes one x-ray per policy year	\$40	\$500
Physiotherapist	\$40	\$500
Naturopath	\$40	\$500
Osteopath Includes one x-ray per policy year	\$40	\$500
Registered Dietitian Requires a referral from an MD/Registered Nurse	\$40	\$500
Podiatrist/Chiropodist Includes one x-ray per policy year	\$40	\$500
Speech Therapist	\$40	\$500
Athletic Therapist	\$40	\$500

PLUS: Diagnostic services, home nurse, ambulance, dental accident, medical equipment, tutorial service, and more

Vision Up to \$350

	Amount Covered	Eligible Every
Eye Exam	\$50	1 policy year
Eyeglasses and Contact Lenses	\$150	24 months
Laser Eye Surgery	\$150	1 policy year

Visit www.studentcare.ca for complete details.

QUESTIONS?
WWW.STUDENTCARE.CA

LIVE CHAT AND
WEB REQUEST FORM
AVAILABLE

Dental Up to \$500

- Insured portion
- Studentcare Dental Network savings

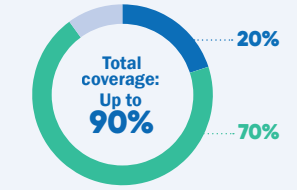
Preventive Services

- Recall exams
- Cleanings
- Impacted wisdom teeth extractions



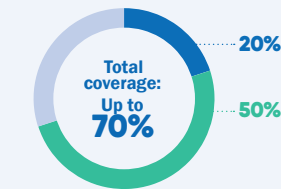
Basic Services

- Fillings



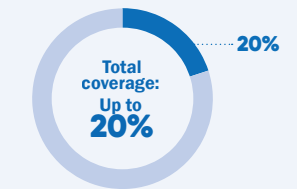
Basic Services

- Oral surgery
- Endodontics (root canals)
- Periodontics (gum treatments)



Major Restorative

- Crowns
- Bridges
- Posts



Travel Up to \$5,000,000

	Amount Covered	Eligible
Care Abroad Includes coverage for the duration of a student exchange/internship	120 days	per trip
Medical Incident In case of a medical emergency Includes eligible COVID-19 medical expenses	\$5,000,000	per lifetime
Trip Cancellation Pre-paid, non-refundable trip expenses in case of a medical emergency or an eligible Travel Advisory	\$3,000	per trip
Trip Interruption In case of a medical emergency or an eligible Travel Advisory	\$7,500	per trip

Check online for updates related to COVID-19.