

# All you need to know about coverage changes

## What if I'm already covered?

Reasons to stick with your student Plan:

- Your parent's insurance plan could stop covering you completely if you're a student over 21.
- You can combine plans to maximize your overall coverage—up to 100%.

## When can I change my coverage?

**Fall Term** (enrolments and opt outs):  
Aug. 16 – Sept. 30, 2021

**Winter Term** (enrolments and opt outs for new students only):  
Jan. 3 – 24, 2022

**Spring Term** (enrolments and opt outs for new students only):  
May 9 – 24, 2022

## Family enrolments

You can enrol your family (spouse and/or dependent children) during the applicable Change-of-Coverage Period each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit [www.studentcare.ca](http://www.studentcare.ca) for instructions.

**+1** Add one dependant for  
**\$295**  
for full-year coverage\*

**∞** Add unlimited dependants for  
**\$590**  
for full-year coverage\*

\*Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2022 (for new Winter Term students) and for coverage from May 1 – Aug. 31, 2022 (for new Spring Term students) are available online.

## Opting out

1. Use the secure online opt-out processing system at [www.studentcare.ca](http://www.studentcare.ca).
2. Upload proof of your alternative health and dental coverage (such as a copy of your benefits card or a letter from your parent's or spouse's employer). Provincial health care is not considered acceptable alternative coverage.
3. Receive a full refund for the amount of the Plan shortly after the Change-of-Coverage Period.

# The ease of claiming at your fingertips

Search **Studentcare mobile** on the **App Store** or **Google Play**, and use the app to:

- Submit your claims quickly and securely on your smartphone
- Access your Pay-Direct Card for immediate processing of prescription drug claims



Once you've had a claim processed, you can also register online on your insurer's website to check your claim's status and to set up direct deposit.

## Save more money!

- **Your Plan Coverage**  
You're covered for the insured portion of your Plan regardless of the licensed health-care practitioner you choose.
- **Studentcare Networks**  
By consulting a Network member, you'll get additional coverage.

Example of a claim made using a Studentcare Dental Network practitioner:



## Exclusive savings from Network Partners

**LASIK MD**  
VISION  
**\$50 off**  
per eye on Standard LASIK\*  
**\$100 off**  
per eye on Custom LASIK\*  
\*Certain conditions apply.

**Independent vision specialists**  
**30% off**  
prescription eyeglasses, up to \$75  
**Discounts on eye exams and contact lenses**

**clearly**  
With coupon code **STUDENT21**:  
**10% off**  
contact lenses  
**25% off**  
eyeglass frames (excluding certain brands)\*  
\*Certain conditions apply.

**Rexall**  
**10% off** prescription drugs (max \$40)\*  
**20% off** select regularly priced Rexall brand non-prescription products\*  
\*Certain conditions apply.

**PSYVITALITĪ**  
Preferred rates on 50-minute adult therapy or coaching sessions

**and more!**  
Dentists, physiotherapists, naturopaths, chiropractors, and massage therapists

**QUESTIONS?**  
[WWW.STUDENTCARE.CA](http://WWW.STUDENTCARE.CA)

**LIVE CHAT AND WEB REQUEST FORM AVAILABLE**

# SSU

sheridan student union



2021-2022

# Your SSU Student Health & Dental Plan

## Enjoy it while it lasts

### Group Numbers

Health, vision, and dental: **56003** (Sun Life)  
Travel: **97180** (Blue Cross)

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# All you need to know about your Plan

## What is a Health & Dental Plan?

- Extended health and dental coverage that can help fill gaps in provincial health care and other basic health-care programs
- Service provided by your student union, the SSU, and administered by Studentcare, the leading provider of student health and dental plans in Canada

## Who's covered?

### Students automatically covered by the SSU Health & Dental Plan:

Domestic full-time and part-time students

This includes:

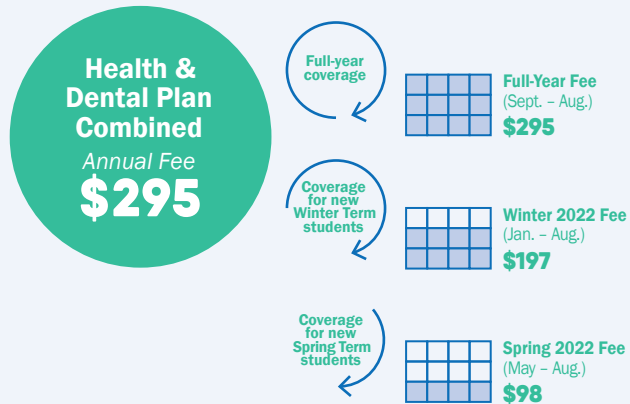
- Co-op students on work term in the Fall Term
- Labour re-entry students

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees.

Some students may be eligible to enrol themselves in the Plan during the applicable Change-of-Coverage Period.

Please note: COVID-19 restrictions may impact Plan eligibility and billing procedures. See [www.studentcare.ca](http://www.studentcare.ca) for updates and further details.

## How much does it cost?



If you're eligible, the Plan fee for coverage from Sept. 1 - Aug. 31 will be automatically included in your tuition and other fees. New Winter and Spring Term students pay a pro-rated fee for coverage until Aug. 31. Find more details online.

## What are my Group Numbers?

Health, vision, and dental: **56003** (insured by Sun Life Assurance Company of Canada, a member of the Sun Life group of companies)

Travel: **97180** (administered by Blue Cross Life Insurance Company of Canada)

# Health & Dental Plan benefits

## Health Up to \$10,000

	Per Visit/ Purchase	Per Policy Year
<b>Prescription Drugs</b> Covers the dispensing fee up to \$8 per prescription/refill	80%	\$5,000
<b>Vaccinations</b>	100%	\$150
<b>Psychologist/Clinical Counsellor/ Master of Social Work</b>	60%	\$500
<b>Physiotherapist</b>	60%	\$400
<b>Chiropractor</b> Includes one x-ray per policy year	60%	\$400
<b>Massage Therapist</b> Requires a referral from an MD	\$40	\$400
<b>Athletic Therapist</b>	\$40	\$400
<b>Naturopath</b>	\$50	\$500
<b>Podiatrist/Chiropodist</b> Includes one x-ray per policy year	\$40	\$400
<b>Osteopath</b> Includes one x-ray per policy year	\$40	\$400
<b>Registered Dietitian</b> Requires a referral from an MD	\$40	\$400
<b>Speech Therapist</b>	\$40	\$400

**PLUS:** Diagnostic services, tutorial benefit, medical equipment, ambulance, hospitalization, home nurse, and more

## Vision Up to \$375

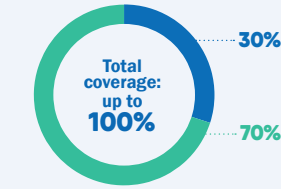
	Amount Covered	Eligible Every
<b>Eye Exam</b>	\$75	1 policy year
<b>Eyeglasses and Contact Lenses</b>	\$150	12 months
<b>Laser Eye Surgery</b>	\$150	1 policy year

## Dental Up to \$750

● Insured portion ● Studentcare Dental Network savings

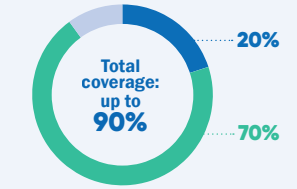
### Preventive Services

Recall exams, cleanings, impacted wisdom teeth extractions, scaling



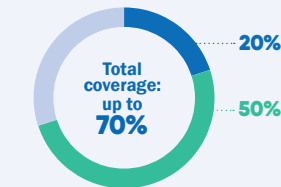
### Basic Services

Fillings



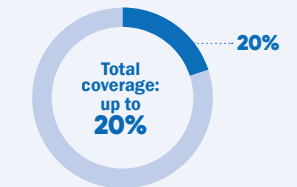
### Basic Services

Oral surgery, endodontics (root canals), periodontics (gum treatments)



### Major Restorative

Crowns, bridges, posts



## Travel Up to \$5,000,000

	Amount Covered	Eligible
<b>Care Abroad</b> Includes coverage for the duration of a student exchange/internship	120 days	per trip
<b>Medical Incident</b> In case of a medical emergency Includes eligible COVID-19 medical expenses	\$5,000,000	per lifetime
<b>Trip Cancellation</b> Pre-paid, non-refundable trip expenses in case of a medical emergency or an eligible Travel Advisory	\$3,000	per trip
<b>Trip Interruption</b> In case of a medical emergency or an eligible Travel Advisory	\$7,500	per trip

Visit [www.studentcare.ca](http://www.studentcare.ca) for complete details.

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