WHAT IF I'M ALREADY COVERED?

3 reasons to stick with your student Plan:

1. Your parent’s insurance plan could stop covering you completely if you’re a part-time student over 21 or a full-time student over 25.

2. Most plans don’t offer coverage for vaccinations, travel, or vision, but your student Plan covers those benefits—and for much less!

3. You can combine plans to maximize your overall coverage—up to 100%.

WHEN CAN I CHANGE MY COVERAGE?

Term 1 (enrolments and opt outs):
SEPT. 3 – 24, 2019

Term 2 (enrolments and opt outs for new students only):
JAN. 2 – 23, 2020

FAMILY ENROLMENTS

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law and same-sex couples are eligible. Visit www.studentcare.ca for instructions.

ADD ONE DEPENDANT FOR $256.92 FOR FULL-YEAR COVERAGE*

ADD UNLIMITED DEPENDANTS FOR $513.84 FOR FULL-YEAR COVERAGE*

*Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2020 for new Term 2 students are available online.

OPTING OUT

1. Use the secure online opt-out processing system at www.studentcare.ca.

2. Upload proof of your alternative health and dental coverage (such as a copy of your benefits card or a letter from your parent’s or spouse’s employer). Provincial health care is not considered acceptable alternative coverage.

3. Have the Plan fee reversed from your student account shortly after the Change-of-Coverage Period.

EMPOWER ME: FREE MENTAL HEALTH RESOURCES

As an eligible student at UBC Vancouver, you can call 1-844-741-6389 to connect with consultants, counsellors, and life coaches 24/7 from anywhere in North America.

Powered by Aspiria

SAVE MORE MONEY!

Your Plan Coverage
You’re covered for the insured portion of your Plan regardless of the health-care practitioner you choose.

Using the Studentcare Networks
By consulting a Network member, you’ll get additional coverage.

Example of a claim made using a Studentcare Dental Network practitioner:

<table>
<thead>
<tr>
<th>70%</th>
<th>20%</th>
</tr>
</thead>
<tbody>
<tr>
<td>TOTAL COVERAGE: 90%</td>
<td></td>
</tr>
</tbody>
</table>

EXCLUSIVE SAVINGS FROM NETWORK PARTNERS

IMAGE

ONLY $75 FOR SELECT PRESCRIPTION EYEGlass MODELS (FRAMES AND LENSES)

$50 EYE EXAMS

LASIK MD

$50 OFF PER EYE ON STANDARD LASIK*

$100 OFF PER EYE ON CUSTOM LASIK*

*Certain conditions apply.

PREFERRED RATES ON 60-MINUTE ADULT THERAPY OR COACHING SESSIONS and more! DENTISTS, PHYSIOTHERAPISTS, MASSAGE THERAPISTS, AND CHIROPRACTORS

QUESTIONS?
WWW.STUDENTCARE.CA
1-877-795-4421
# Health & Dental Plan Benefits

## Full-Year Coverage

### Prescription Drugs*
- **Per Visit / Purchase:** 80%
- **Per Policy Year:** ∞

### Vaccinations
- **Note:** Flu vaccinations are covered up to $25 per policy year, with a $15 dispensing fee cap.
- **Per Visit:** 100%
- **Per Policy:** $150

### Psychologist
- **Per Visit:** 100%
- **Per Policy Year:** New! $500

### Massage Therapist
- **Per Visit:** $20
- **Per Policy Year:** $400

### Chiropractor
- **Per Visit:** $20
- **Per Policy Year:** $400

### Physiotherapist
- **Per Visit:** $20
- **Per Policy Year:** $400

### Naturopath
- **Per Visit:** $20
- **Per Policy Year:** $400

### Osteopath
- **Per Visit:** $20
- **Per Policy Year:** $400

### Registered Dietitian
- **Per Visit:** $20
- **Per Policy Year:** $400

### Athletic Therapist
- **Per Visit:** $20
- **Per Policy Year:** $400

### PLUS: Diagnostic Services, Home Nurse, Ambulance, Dental Accident, Medical Equipment, Accidental Death and Dismemberment, and More

### Eye Exam
- **Per Visit:** $50
- **Eligible Every:** 2 Policy Years

### Eyeglasses and Contact Lenses
- **Per Visit:** $100
- **Eligible Every:** 24 Months

### Laser Eye Surgery
- **Per Visit:** $150
- **Eligible Every:** 1 Policy Year

### Travel Coverage

- **Amount Covered**: $256.92
- **Eligible**: New Term 2 students

### Question?

- **Contact**: 1-877-795-4421

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### What is a Health and Dental Plan?

- Extended health and dental coverage that fills the gaps in provincial health care and other basic health-care programs.
- Service provided by your student society, the AMS or the GSS.

### WHO’S COVERED?

Students automatically covered by the AMS/GSS Health & Dental Plan:
- AMS and GSS members who are students at UBC in September or January and who pay AMS fees for the Health & Dental Plan.
- Co-op students on work term in September or for a full year.
- Students auditing a course.
- International students.

### How Much Does It Cost?

- **Full-time and part-time students**
- **International students**
- **Students taking 2 or more on-campus courses at St. Mark’s College**
- **Students at the Vancouver School of Theology**
- **Students enrolled at Regent College for 3 or more credit hours**

### What Is My Policy Number?

- Health, vision, dental, and travel: 43979 (insured by Pacific Blue Cross)

### How Much Does It Cost?

- **Health & Dental Plan Combined Annual Fee**: $256.92

- **WINTER 2020 Fee (Jan. – Aug.)**: $171.28

- **FULL YEAR Fee (Sept. – Aug.)**: $256.92

If you’re eligible, the Plan fee for coverage from Sept. 1 – Aug. 31 will be automatically included in your tuition and other fees. New Term 2 students pay a pro-rated fee for coverage until Aug. 31. Find more details online.

# Travel Coverage

- **Travel Health Coverage**
  - Visit [www.studentcare.ca](http://www.studentcare.ca) to find out how you can extend coverage for a student exchange/internship.
  - **Pre-paid, non-refundable trip expenses**

- **Medical Incident**
  - In case of a medical emergency

- **Trip Cancellation**
  - Pre-paid, non-refundable trip expenses in case of a medical emergency

- **Trip Interruption**
  - In case of a medical emergency

### Questions?

- **Contact**: 1-877-795-4421

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Care Office
Room 3128, The Nest Building
6133 University Blvd.
Vancouver, BC V6T 1Z1
Mon. - Fri. from 9 am to 5 pm