WHAT IF I'M ALREADY COVERED?
3 reasons to stick with your student Plan:
1. Your parent’s insurance plan could stop covering you completely if you’re a part-time student over 21 or a full-time student over 25.
2. Most plans don’t offer coverage for vaccinations, travel, or vision, but your student Plan covers those benefits—and for much less!
3. You can combine plans to maximize your overall coverage—up to 100%.

WHEN CAN I CHANGE MY COVERAGE?
- Fall term (enrolments, coverage levels, and opt outs): AUG. 28 – SEPT. 16, 2019
- Spring term (enrolments, coverage levels, and opt outs for new students only): JAN. 3 – 16, 2020
- Summer term (enrolments for new students only): MAY 8 – 17, 2020

FAMILY ENROLMENTS
You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law and same-sex couples are eligible. Visit www.studentcare.ca for instructions.

ADD ONE DEPENDANT FOR $254.36 FOR FULL-YEAR COVERAGE*
ADD UNLIMITED DEPENDANTS FOR $508.72 FOR FULL-YEAR COVERAGE*

*Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2020 (for new Spring term students) and from May 1 – Aug. 31, 2020 (for new Summer term students) are available online.

HOW DO I CLAIM?
CLAIMING MADE SIMPLE
- Instructions and claim forms are available at www.studentcare.ca.
- You can register online to check your claim’s status and to set up direct deposit.
- Download your Pay-Direct Card for immediate processing of prescription drug claims.

SAVE MORE MONEY!
- **Your Plan Coverage**
  You’re covered for the insured portion of your Plan regardless of the health-care practitioner you choose.
- **Using the Studentcare Networks**
  By consulting a Network member, you’ll get additional coverage.

Example of a claim made using a Studentcare Dental Network practitioner:

```
80% 20% TOTAL COVERAGE: 100%
```

EXCLUSIVE SAVINGS FROM NETWORK PARTNERS

**clearly**
- **ONLY $75 FOR SELECT PRESCRIPTION EYGLASS MODELS (FRAMES AND LENSES)**
- $50 EYE EXAMS

**Vancouver Studentcare Vision Network**
- $75 OFF SELECT PRESCRIPTION EYGLASS MODELS
- $60 EYE EXAMS

**LASIK MD**
- $50 OFF PER EYE ON STANDARD LASIK*
- $100 OFF PER EYE ON CUSTOM LASIK*

**and more!**
- PREFERRED RATES ON 50-MINUTE ADULT THERAPY OR COACHING SESSIONS
- DENTISTS, PHYSIOTHERAPISTS, MASSAGE THERAPISTS, AND CHIROPRACTORS

**Rexall**
- SAVINGS OF UP TO 50% (MAX $40) ON YOUR OUT-OF-POCKET COSTS
- 20% OFF SELECT REGULARLY PRICED REXALL BRAND NON-PRESCRIPTION PRODUCTS

QUESTIONS?
WWW.STUDENTCARE.CA 1-866-369-8795

Make the most out of it
**WHAT IS A HEALTH AND DENTAL PLAN?**

- Extended health and dental coverage that fills the gaps in provincial health care and other basic health-care programs
- Service provided by your Simon Fraser University Student Society (SFSS) and administered by Studentcare, the leading provider of student health and dental plans in Canada

**WHO’S COVERED?**

Students automatically covered by the SFSS Enhanced Health & Dental Plan:

SFU undergraduate students registered for 3 or more credits in September or January at Burnaby, Surrey, or Vancouver campuses, when paying fees to SFU

This includes:

- Eligible international students
- Exchange or study abroad students
- Co-op students (including those on exchange)

Certain exceptions exist. Please check your student account to confirm if you’ve been charged the Plan fees.

Some students may be eligible to enrol themselves in the Plan. Find out more at [www.studentcare.ca](http://www.studentcare.ca).

**HOW MUCH DOES IT COST?**

<table>
<thead>
<tr>
<th>Plan</th>
<th>BASIC</th>
<th>ENHANCED</th>
</tr>
</thead>
<tbody>
<tr>
<td>ANNUAL FEE</td>
<td>$112.12</td>
<td>$150.00</td>
</tr>
<tr>
<td>SPRING FEE</td>
<td>$35.00</td>
<td>$50.00</td>
</tr>
<tr>
<td>COVERAGE</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Looking for a different level of coverage? Try the Basic Plan for $197.52 or mix and match portions of the Enhanced and Basic Plans. See [www.studentcare.ca](http://www.studentcare.ca) for details.

If you’re eligible, the Enhanced Plan fee for coverage from Sept. 1 – Aug. 31 (or from Jan. 1 – Aug. 31 for new Spring term students) will be automatically included in your tuition and other fees. New students who enrol themselves in the Summer term pay a pro-rated fee for coverage until Aug. 31. Find more details online.

**WHAT ARE MY POLICY/GROUP NUMBERS?**

- Health, vision, and dental: 79209 (insured by Pacific Blue Cross)
- Travel: 97180 (administered by Blue Cross Life Insurance Company of Canada)

**HEALTH & DENTAL PLAN BENEFITS**

### HEALTH OVER $10,000

<table>
<thead>
<tr>
<th>Service</th>
<th>Basic Plan</th>
<th>Enhanced Plan</th>
<th>Per Policy Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>PRESCRIPTION DRUGS*</td>
<td>Up to 70%</td>
<td>Up to 80%</td>
<td>$∞</td>
</tr>
<tr>
<td>VACCINATIONS</td>
<td>100%</td>
<td>100%</td>
<td>$150</td>
</tr>
<tr>
<td>MENTAL HEALTH PROFESSIONALS</td>
<td></td>
<td></td>
<td>$400</td>
</tr>
<tr>
<td>PSYCHOLOGIST, Registered Clinical Counsellor, or Master of Social Work</td>
<td></td>
<td></td>
<td>$400</td>
</tr>
<tr>
<td>MASSAGE THERAPIST</td>
<td>$20</td>
<td>80%</td>
<td>$400</td>
</tr>
<tr>
<td>CHIROPRACTOR</td>
<td>$20</td>
<td>35%</td>
<td>$400</td>
</tr>
<tr>
<td>CHIROPRACTIC THERAPY</td>
<td>$20</td>
<td>35%</td>
<td>$400</td>
</tr>
<tr>
<td>PHYSIOTHERAPIST</td>
<td>$20</td>
<td>35%</td>
<td>$400</td>
</tr>
<tr>
<td>NATUROPATH</td>
<td>$20</td>
<td>35%</td>
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<tr>
<td>OSTEOPATH</td>
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<td>35%</td>
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<tr>
<td>REGISTERED DIETITIST</td>
<td>$20</td>
<td>35%</td>
<td>$400</td>
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<tr>
<td>Podiatrist/Chiropodist</td>
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<td>35%</td>
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<tr>
<td>SPEECH THERAPIST</td>
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<tr>
<td>ACUPUNCTURIST</td>
<td>$20</td>
<td>35%</td>
<td>$400</td>
</tr>
</tbody>
</table>

**PLUS: DIAGNOSTIC SERVICES, HOME NURSE, TUTORIAL BENEFIT, DENTAL ACCIDENT, AMBULANCE, AND MORE**

**VISION OVER $5,000,000**

<table>
<thead>
<tr>
<th>Service</th>
<th>Basic Plan</th>
<th>Enhanced Plan</th>
<th>Per Policy Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>EYE EXAM</td>
<td>$60</td>
<td>$60</td>
<td>2 POLICY YEARS</td>
</tr>
<tr>
<td>EYEGLASSES AND CONTACT LENSES</td>
<td>$75</td>
<td>$150</td>
<td>24 MONTHS</td>
</tr>
<tr>
<td>LASER EYE SURGERY</td>
<td>$150</td>
<td>$150</td>
<td>1 POLICY YEAR</td>
</tr>
</tbody>
</table>

**TRAVEL**

**UP TO $5,000,000**

<table>
<thead>
<tr>
<th>Service</th>
<th>Amount Covered</th>
<th>Eligible</th>
</tr>
</thead>
<tbody>
<tr>
<td>TRAVEL HEALTH COVERAGE</td>
<td>$5,000,000</td>
<td>PER LIFETIME</td>
</tr>
<tr>
<td>MEDICAL INCIDENT</td>
<td>$1,500</td>
<td>PER TRIP</td>
</tr>
<tr>
<td>TRIP CANCELLATION</td>
<td>$5,000</td>
<td>PER TRIP</td>
</tr>
<tr>
<td>TRIP INTERRUPTION</td>
<td>$1,500</td>
<td>PER TRIP</td>
</tr>
</tbody>
</table>

**QUESTIONS? [WWW.STUDENTCARE.CA](http://WWW.STUDENTCARE.CA)**

Care Office
Maggie Benston Centre
Room 2240
Mon. – Fri. from 9 am to 5 pm